

THE ZION TRUMPET



Greater Mount Zion African Methodist Episcopal Church
1045 16th Street South, St. Petersburg, FL 33705
727-894-1393

October 4, 2026



Schedule:

October 10, 2026 - YPD Annual Day
October 12, 2026 - M-SWAWO plus PKs
October 13, 2026 – WMS Annual Day

October 14 – 16, 2026

West Coast Annual Conference

Rev. Williams will read on: Thursday, October 15,

Host Site

Hurst Chapel AME Church
875 Avenue "O" NE, Winter Haven 33881

Rev. Dr. Ronnie Clark, Host Pastor
Presiding Elder Jimmy J. Thompson,
Host Presiding Elder

Presiding Elder Dr. David W Green, Sr.,
Associate Presiding Elder
Presiding Elder Dr. Patricia Wallace,
Associate Presiding Elder

Prayer for the West Coast Annual Conference

*Heavenly Father, as we gather today,
thank You for bringing us together
in this place of worship. Fill this room
with Your peace, quiet our hearts,
and open our minds to understand
and discern Your will.*

*Guide our words, our decisions,
and our actions so that every
discussion reflects wisdom,
love, and unity.*

*Let our meeting be a blessing
to all who are here,
and may it lead to decisions
that honor You and bring
good to our community.
In Jesus' name, Amen*

BIBLE TRIVIA



Trivia Answer for September 2026

The earth was flooded due to the sins of man, and when God had dried up the land, Noah, his family and the animals left the Ark. It was then he built an Altar to the Lord. Read Genesis 8:20

Trivia Question for September 2026

Who built the first altar?

Trivia Question for October 2026

The angel said to Mary that Jesus would "reign over the house" of which Old Testament character?

On-line Streaming

September 6th
Rev. Clarence A. Williams
Acts 5:21-24
"Conduct Unbecoming"

September 13th
Rev. Dr. Kenneth Irby
Matthew 22:34-40
"What the World Needs Now"

September 20th
Family and Friends Day
Rev. Dr. James Givens
Mt. Olive AME Church, Fort Myers
Hebrew 4:14-16
"A Friend in High Places"

September 27, 2026
Rev. Dr. Sherrisse Bryant
Psalm 37:7
"Stay in the Race"



**PREACH THE
WORD**
It's *Still* All About
Jesus

From The Pastor's Desk



God With Us

Never look forward with fear. Instead look to the future with the full assurance that God is with you no matter how many challenges you may face today. God, who created you will deliver you out of them.

Consider the past, God has kept you safe up until now. So today, hold Gods loving hand tightly, and He will lead you safely through all things. And when you can't stand, He will carry you in His arms. As you look to tomorrow, the same everlasting God who cares for you today will take care of you tomorrow and everyday after. He Shields you from the attacks or gives you the strength to endure.

What a blessing, be at peace, set aside all anxious thoughts and worries.

"Surely I am with you always"
Matthew 28:20

Thought For Today

*Take time today to remember the Lord is our shepherd; He will never leave us or forsake us.
He is with us in times of trouble or joy, during times of trouble or times of peace.*

Closing

*O God, may You continue to keep me mindful of Your everlasting love and companionship.
I'm never alone or far from YOU!*



Breathe Easier: A Guide to National Healthy Lung Month

October is officially recognized as **National Healthy Lung Month** – a vital campaign dedicated to raising awareness about respiratory wellness, preventing chronic lung diseases, and highlighting the importance of every breath we take.

Why Lungs Matter

While breathing happens automatically, our lungs work constantly to filter the air we breathe and supply oxygen to every cell in the body. Despite their crucial role, they are often overlooked until a problem arises. Millions of people worldwide live with chronic respiratory conditions such as asthma, chronic bronchitis, emphysema, and chronic obstructive pulmonary disease (COPD).

Major Objectives of the Campaign

- ♥ **Disease Prevention:** Education to the public on how to minimize risks associated with indoor and outdoor air pollution, hazardous workplace materials, and tobacco smoke.
- ♥ **Early Detection:** Encouraging routine medical check-ups and screenings, which are critical for catching conditions like COPD or lung cancer in their earliest, most treatable stages.
- ♥ **Empowering Lifestyle Changes:** Promoting smoking cessation, regular cardiovascular exercise, and improved indoor air quality.

Practical Steps to Protect Your Respiratory Health

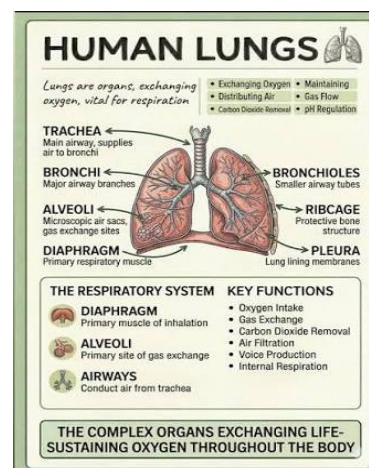
1. **Avoid Smoking and Vaping:** Quitting tobacco use is the single most powerful step you can take to preserve lung function and reduce cancer risk.
2. **Minimize Pollutant Exposure:** Be mindful of secondhand smoke, harsh chemical fumes, and test your home for radon – a leading cause of lung cancer.
3. **Stay Active:** Consistent aerobic exercise (like walking, swimming, or cycling) forces your lungs to work and adapt, strengthening them over time.
4. **Listen to Your Body:** Do not ignore warning signs like a persistent cough lasting over eight weeks, unexplained shortness of breath, wheezing, or chronic chest tightness.



Healthy Lung

Smoker's Lung

The Health and Wellness Ministry



Time to PLAY!



HARVEST FESTIVAL

WORD SEARCH PUZZLE

APPLES
AUTUMN
BALLOONS
BASKET
CORN
CORNUCOPIA
CRAFTS
CROP
FACE PAINTING
FARMER
FESTIVAL
FIELDS
FLOWERS
FOOD
FOOD
FRUIT
FUN
GRAINS
HAYRIDE
LEAVES
MAZE
MOON
MUSIC
OUTSIDE
PICK
PUMPKIN
RIDES
SCARECROW
SEASON
TOUR

S	W	B	A	S	K	E	T	S	N	I	A	R	G
Y	H	K	F	L	O	W	E	R	S	E	M	L	T
G	L	A	V	I	T	S	E	F	D	O	S	T	S
F	N	M	U	T	U	A	E	I	O	C	O	O	E
F	N	I	H	A	N	Z	S	N	A	U	Y	A	A
Z	I	B	T	J	T	T	N	R	R	V	S	I	S
S	K	M	E	N	U	R	E	R	S	Q	D	P	O
N	P	O	U	O	I	C	E	T	O	T	L	O	N
O	M	F	A	S	R	A	F	M	A	C	E	C	H
O	U	F	L	O	I	A	P	P	R	F	I	U	A
L	P	O	W	E	R	C	P	E	J	A	F	N	Y
L	O	O	E	C	A	L	S	D	C	R	F	R	R
A	R	D	T	Z	E	V	O	E	U	A	P	O	I
B	C	U	X	S	A	O	E	I	M	L	F	C	D
S	E	D	I	R	F	M	T	S	P	I	C	K	E

The words appear UP, DOWN, SIDEWAYS, BACKWARDS, and DIAGONALLY.
Find and circle each word.





10/01 Neguel Mobley
 10/01 Kiersten Fields
 10/02 Arneisha Parker
 10/02 Linda Wells-Brown
 10/03 Melissa Ferguson
 10/03 Gladys Johnson
 10/03 Rosetta Taylor
 10/04 Ciara Barnes
 10/04 Roxie Davis
 10/04 Shaniece Swain
 10/04 William McClendon
 10/04 Candice Wright
 10/04 Dierdre Jackson
 10/05 Sonya Covil-Mells
 10/06 Linda Churches
 10/05 John Moody
 10/06 Curtis Hill
 10/07 Jyoti Scott
 10/08 Deramette Wade
 10/08 Keyondra Walker
 10/08 Linda Woodard
 10/08 Dr. Jaih Jackson
 10/08 Dr. Rene Flowers
 10/09 Earl Presley
 10/09 Alexis Garris
 10/09 Cassie Sams
 10/10 Jason Martin
 10/10 Janiesha Brown
 10/10 Cassandra Jenkins
 10/11 Yolanda Fisher
 10/11 Patricia Mack
 10/12 Jerrell Carrey, Jr.
 10/12 Monica Vann
 10/12 Prissy Landers
 10/12 Alenda Waddell
 10/12 Bryston Williams
 10/12 **Rev. Clarence Williams**
 10/12 Aaron Woody
 10/13 Carolyn Hope
 10/13 Royshia Macon
 10/13 Jennifer Mickens
 10/13 Eddie Pringle
 10/13 Johnny Brown
 10/13 Christopher Calloway
 10/14 Willie Houston
 10/15 Shera McNish

10/15 Clarence Booth
 10/15 Terrence Booth
 10/15 Michael Smith
 10/15 Zavahria Melvin
 10/16 Lawanda Brown
 10/16 Regina Roberson
 10/16 Shari Sheeley
 10/17 Destiny Jones
 10/17 Wanisha Perry
 10/17 Danielle Reed
 10/17 Chris Donald
 10/17 Michael Mitchell
 10/17 Quatrell Gray
 10/17 Bree Wilson
 10/17 Karen Stanford
 10/18 Dev'Ron Kinsier
 10/18 Nicholas Merriweather
 10/18 Quindon Nolton
 10/19 Lawanda Samons-Brown
 10/19 Ezekiel Harris
 10/19 DeAndre Murray
 10/19 Marzena Conley
 10/19 Russell Ross
 10/20 Willie Sams
 10/20 Nicholas Hubbard
 10/20 Sharon Bacon
 10/21 Fran Rembert
 10/21 Patrick Wright
 10/22 Dianna Miller
 10/22 Taneka Sams
 10/22 Sandra Gainey
 10/23 Wallace "Gino" Harrell
 10/23 Kevin King
 10/23 Jerome Sims
 10/24 Bridgett Roberts
 10/24 Tiffany Weems
 10/24 Jennifer Sutherland
 10/24 Crystal Thompson Alika
 10/25 Jeremy Shannon
 10/25 March Bell, Jr.
 10/25 Alise Bryant
 10/25 George Kimble
 10/25 Ayana Clinton
 10/25 Ciera Miller
 10/26 Dexter Rembert
 10/26 Michael Thomas, Jr.
 10/27 Angela Barnes
 10/27 Herman Mixson
 10/27 India Ross
 10/27 Nyiesha Sorey



10/28 Katrina Headley
 10/28 Troy Parker
 10/29 Clarissa Broughton
 10/29 Vinlencia Melvin
 10/29 Traci White
 10/30 Phillip Balloon
 10/30 Keith Clark
 10/30 Katrina Reed
 10/30 Tracey Spells
 10/30 John Ford, II
 10/31 Terry Bradley II
 10/31 Annette Lewis



with Deepest
Sympathies



To Lynn Davis and all other Family
Members on the loss of Your Aunt:

Sister Rosa Lee Seay



Sick & Shut-In



Sister Barbara Keys
Brother James Keys
Sister Kay Keys
Sister Daisy Powell
Sister Edna Stevens
Sister Jasmine Walker
Rev. Ira Whitson

1750 16th Street South, Unit 35279
652 52nd Avenue South
3201 Burlington Avenue North, #405
2350 9th Avenue South, Apt. 102
2400 23rd Street South
1955 29th Street South
1660 31st Street South



Nursing Homes and Rehabilitation Centers

Ms. Valerie Griffin
Mr. Eugene "Geno" Harrell
Brother Herbert Keys

Laurellwood Care Center, 3127 57th Avenue North, #10
Angel Care Rehab Center, 4300 31st Street South, Room 22
Menorah Life, 255 59th Street North

Prayer 
Request

Ms. Stephanie Cummings

BIBLE ISCOVERY

EDUCATING | EDIFYING | ENCOURAGING

Every Sunday - 8:30 - 9:30 am

Senior Women's Class - Rhonda Ryan

Number: 1-978-990-5076

Access Code: 7777943#

Progressive Women's Class

Monique Brown and Rosalind Macon

Number: 540-792-0189

Access Code: 375083#

Men's Class

Brother Al Turner

Number: 848-220-3100

Access Code: 104516#

Youth Class – Rev. Dr. Sherrisse Bryant

Streaming at: greatermtzionname.org

Please Join Us!



Women's Prayer Line
Monday - Wednesday - Friday
at 7:00 AM

Number: 540-792-0189

Access Code: 375083#

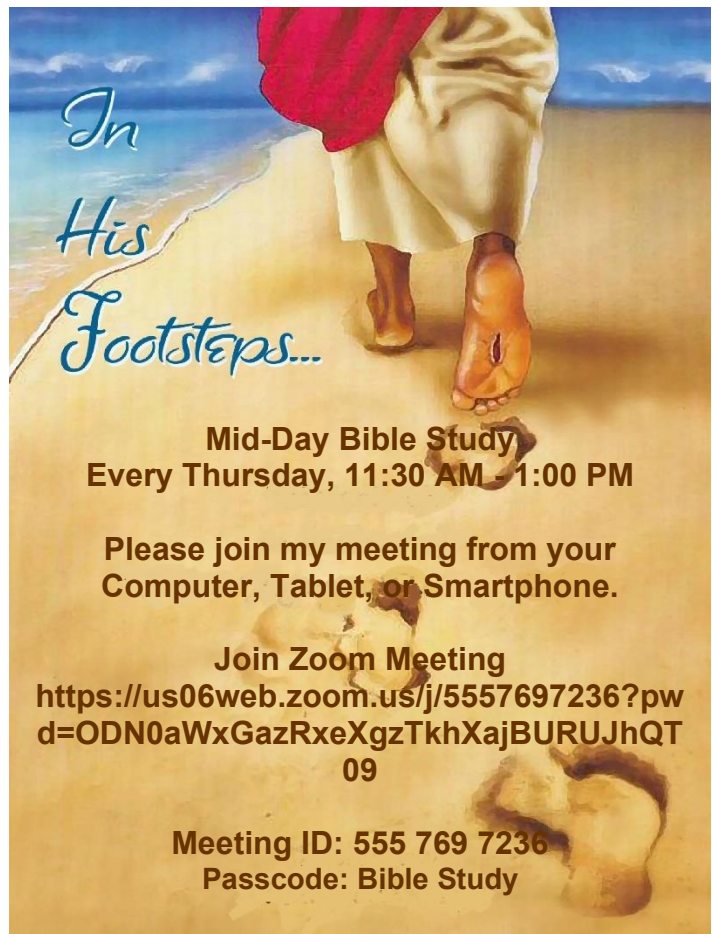
Prayer Time



Men's Prayer Line
Monday thru Friday
6 AM

1-848-220-3100

Access Code:
104516#



Mid-Day Bible Study
Every Thursday, 11:30 AM - 1:00 PM

Please join my meeting from your
Computer, Tablet, or Smartphone.

Join Zoom Meeting
<https://us06web.zoom.us/j/5557697236?pwd=ODN0aWxGazRxeXgzTkhXajBURUJhQT09>

Meeting ID: 555 769 7236
Passcode: Bible Study

Church News

LATEST UPDATES

Upcoming Meetings

Please see the October Calendar for all meetings and rehearsals dates

Thank you



Officer Forms

It is a new Conference Year and all Officers are asked to sign the form and return it to the Church Office.

If you do not wish to be on any of the Boards, please X the form and sign.

The Steward and Trustee Board will be reorganizing, if you would like to be considered, please sign an Agreement Form.

Thank you

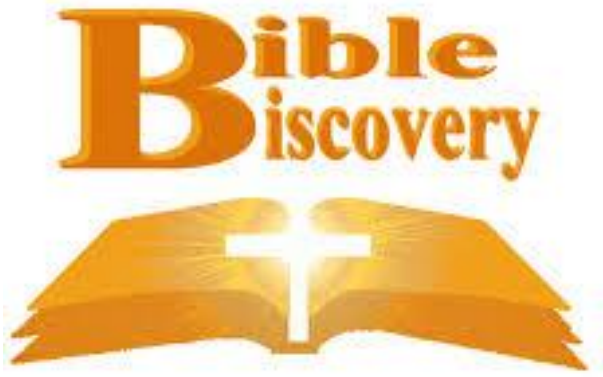
Trustees on Duty for the Month of October 2026

ALL Trustees Are on DUTY

Please make contact with any member of the Board of Trustees if you need information about building use, activities on the grounds, or any other concerns. If you need further direction or have questions or concerns, please call me, Fred Robinson, Pro-Tem of the Trustee Board. My phone number is listed on Page 15.

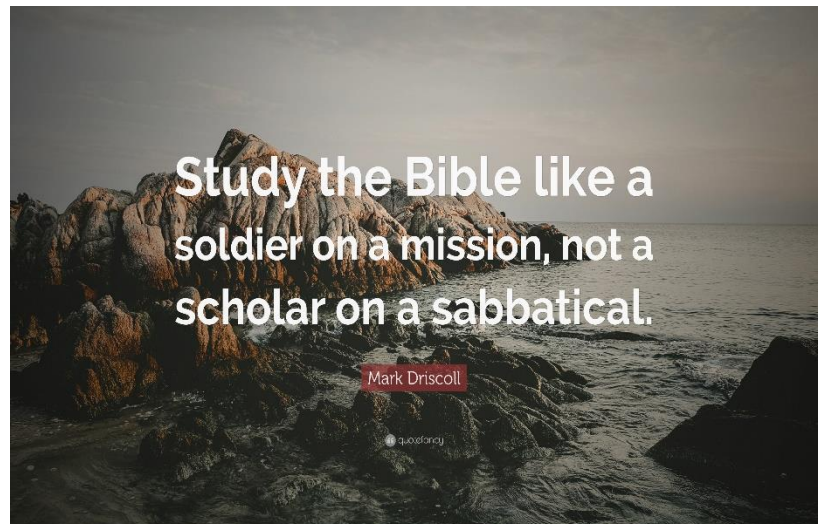
Thank you,
Mr. Frederick Robinson





- 10/01 No Turning Back
Luke 9:57-62
- 10/02 The Greatest Commandments
Matthew 22:34-40
- 10/03 God, Redeem Your People
Psalm 25:12-22
- 10/04 We Will Serve the Lord
Joshua 24:14-27
- 10/05 Christ Died for All
Romans 5:1-10
- 10/06 Grace Abounds Despite Our Sin
Romans 5:11-21
- 10/07 Worship God in the Chosen Sanctuary
Deuteronomy 12:1-14
- 10/08 Reject Unworthy Forms of Worship
Deuteronomy 12:20-32
- 10/09 Reject Earthly Desires
Colossians 3:1-11
- 10/10 Clothe Yourself With Godliness
Colossians 3:12-17
- 10/11 God Is Faithful Anyway
Judges 2:1-15
- 10/12 Courage to Live or Die
Philippians 1:21-30
- 10/13 Let Your Light Shine
Matthew 5:11-16
- 10/14 A Humble Servant of God
Psalm 84
- 10/15 Let Us Strive for God's Rest
Hebrews 4:11-16
- 10/16 God Will Not Overlook Your Work
Hebrews 6:1-12
- 10/17 God Tests God's People
Judges 3:1-7, 12-14
- 10/18 Restoring Rest to the Land
Judges 3:15-23
- 10/19 No Other Gods but the Lord
Exodus 20:1-7

- 10/20 One God and One Lord
1 Corinthians 8:1-6
- 10/21 Worship God Alone
Matthew 4:1-11
- 10/22 There's Nothing There!
Isaiah 44:9-20
- 10/23 Return to the Lord
Isaiah 44:21-28
- 10/24 No One Can Serve Two Masters
Luke 16:13-17
- 10/25 The People Cast Off Restraint
Judges 17:1-6
- 10/26 God Speaks Through the Prophets
Amos 3:1-7
- 10/27 The Prophets Warn and Guide
Hosea 12:7-14
- 10/28 Gifts for the Common Good
1 Corinthians 12:1-11
- 10/29 Weigh the Words of the Prophets
1 Corinthians 14:1-5, 26-31
- 10/30 "Here am I; send me!"
Isaiah 6
- 10/31 Live Worthy of Your Calling
Ephesians 4:1-13
- 11/01 Speak, for Your Servant Is Listening
1 Samuel 3:8-20

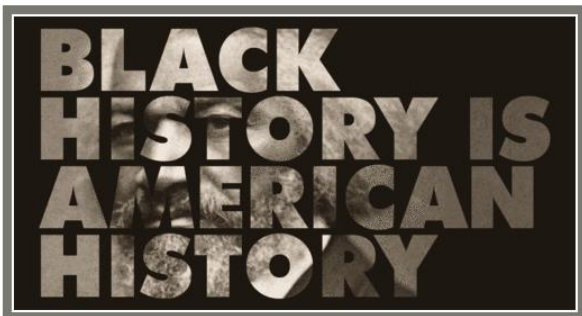


BLACK HISTORY

Trivia Questions for the Month

Black History Trivia Answers

1. Ma Rainey's Black Bottom
 2. Lonnie G. Johnson
 3. Gordon Parks
 4. "Their Eyes Were Watching God"
 5. Speed Skating
1. Which African American holiday, starting December 26, celebrates family and heritage?
 2. What ancient West African empire controlled trans-Saharan trade and earned the nickname "Land of Gold?"
 3. Which empire turned Timbuktu into a center of learning during the 15th and 16th centuries?
 4. Which 16th-century warrior queen ruled the Hausa city-state of Zazzau?
 5. What 1791 uprising led to Haiti becoming the first Black republic in 1804?
 6. Who became the first African American to reach the rank of general in the U.S. Army, in 1940?
 7. Which filmmaker became the first Black woman to direct a film that earned over \$100 million at the box office?
 8. Which designer became the first Black Artistic Director of Louis Vuitton's menswear line?
 9. Which mathematician's work supporting GPS technology went largely unrecognized for years?
 10. Who became the first Black player in the National Hockey League, in 1958?



Inspirational Moment

Who Needs Your Help?

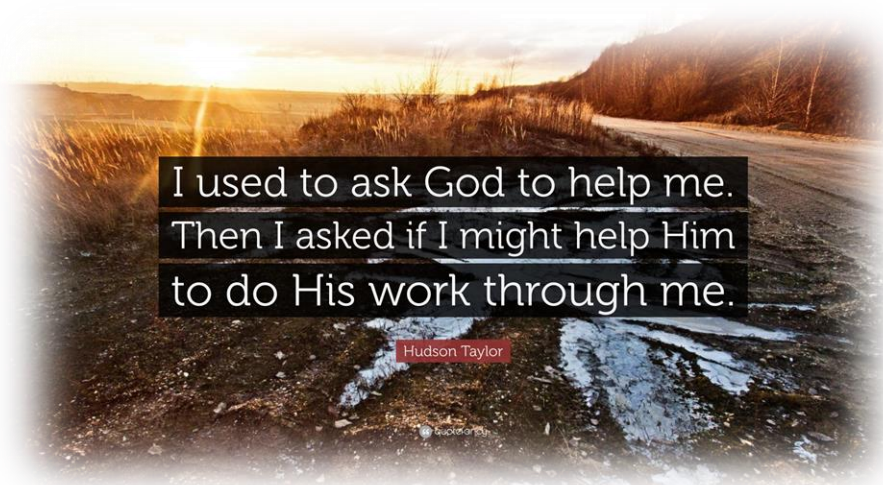
*"Carry each other's burdens,
And in this way you will fulfill the law of Christ."
Galatians 6:2*

If you slow down and really look, you will see them everywhere. The coworker who seems unusually quiet lately. The neighbor whose driveway has not been cleared. The single mom juggling more than any one person should carry. The friend who keeps saying "I'm fine" while their eyes tell a different story. We brush past so many struggling people in a single week, often without noticing. Yet God has a way of placing them right in our path, quietly inviting us to pause, pay attention, and lend a hand.

Helping others sits close to the heart of what it means to follow Jesus. He did not merely teach about compassion; He lived it. He stopped for the blind beggar everyone else ignored, touched the leper no one would go near, and fed crowds when His own heart was weary with grief. The Good Samaritan went out of his way for a wounded stranger while religious leaders walked on by. Over and over, Scripture shows us that love is not a feeling we hold but an action we offer.

The beautiful truth is that you do not need wealth or special training to help. You simply need willing hands and an open heart. Proverbs 3:27 reminds us, *"Do not withhold good from those to whom it is due, when it is in your power to act."* Sometimes the most powerful help is small: a meal dropped off, a phone call, a listening ear, a quiet prayer spoken over someone in pain. God multiplies even the smallest of kindness, and He often meets our needs as we reach out to meet the needs of others.

-Dr. Joe Pettigrew





STEWARDSHIP

Managing God's Gifts To Us

Faithful Stewardship

Faithful stewardship is a biblical principle that emphasizes the responsible management and use of the resources, talents, and opportunities that God has entrusted to individuals. This concept is deeply rooted in Scripture and is a vital aspect of Christian living, reflecting one's obedience and devotion to God.

Biblical Foundation

The concept of stewardship is introduced early in the Bible, with humanity's role in creation. In [Genesis 1:28](#), God commands Adam and Eve, "Be fruitful and multiply, and fill the earth and subdue it; rule over the fish of the sea and the birds of the air and every creature that crawls upon the earth." This mandate establishes humanity's responsibility to manage and care for God's creation.

The New Testament further develops the idea of stewardship, particularly in the teachings of Jesus. In the Parable of the Talents ([Matthew 25:14-30](#)), Jesus illustrates the importance of using one's gifts and resources wisely. The Master commends the faithful servants, saying, "Well done, good and faithful servant! You have been faithful with a few things; I will put you in charge of many things. Enter into the joy of your master" ([Matthew 25:21](#)). This parable underscores the expectation that believers should actively and wisely invest what God has given them.

Principles of Faithful Stewardship

- Ownership and Accountability:** The Bible teaches that everything belongs to God. [Psalm 24:1](#) declares, "The earth is the LORD's, and the fullness thereof, the world and all who dwell therein." As stewards, believers are accountable to God for how they manage His possessions. [Romans 14:12](#) reminds us, "So then, each of us will give an account of himself to God."
- Diligence and Hard Work:** Faithful stewardship requires diligence and effort. [Proverbs 12:24](#) states, "The hand of the diligent will rule, but laziness ends in forced labor." Christians are called to work heartily, as for the Lord, and not for men ([Colossians 3:23](#)).
- Generosity and Sharing:** Stewardship involves using resources to bless others. [1 Timothy 6:18](#) instructs believers "to do good, to be rich in good deeds, and to be generous and ready to share." The early church exemplified this principle, as seen in [Acts 4:32-35](#), where believers shared their possessions to meet each other's needs.
- Wisdom and Planning:** Effective stewardship requires wisdom and foresight. [Proverbs 21:5](#) advises, "The plans of the diligent bring plenty, as surely as haste leads to poverty." Jesus also taught about counting the cost and planning wisely in [Luke 14:28-30](#).
- Faithfulness in Little Things:** Jesus emphasized the importance of being faithful in small matters. In [Luke 16:10](#), He states, "Whoever is faithful with very little will also be faithful with much, and whoever is dishonest with very little will also be dishonest with much."

Applications in Christian Life

Faithful stewardship extends to various aspects of life, including time, finances, spiritual gifts, and the environment. Christians are encouraged to manage their time wisely, prioritize their relationship with God, and serve others. Financial stewardship involves budgeting, saving, and giving generously to support the work of the Church and those in need.

Spiritual gifts are to be used for the edification of the Church, as outlined in [1 Peter 4:10](#): "As good stewards of the manifold grace of God, each of you should use whatever gift he has received to serve one another."

Environmental stewardship calls believers to care for God's creation, recognizing it as a reflection of His glory.

In summary, faithful stewardship is a comprehensive biblical principle that calls Christians to manage all aspects of their lives in a manner that honors God and advances His kingdom.

MEMBER HIGHLIGHTS

Do You Own a Business?

Beginning January 2026, we will highlight your business in The Zion Trumpet to get your information out to the Community and Members. Please turn in your information by the 15th of each month.

Thank you, and we are looking forward to patronizing all the "Businesses" that will be advertising with us.

The Office Staff

Our new page will be highlighting both children and adults.

If there is an accomplishment, recognition, award or business you would like to have highlighted, please submit it to the Church Office on or before the 15th of each month.

Thank you

WE ARE
WAITING FOR

YOU

“
WORRY
does not empty
TOMORROW
of its sorrows; it empties
TODAY
of its strength.
”

- Corrie Ten Boom

“When fear knocks on your door, send faith to answer. Fear is a feeling that has only the power we give it. You can feel fear and still do anything you know you need to do, even if you 'do it afraid.'”

JOYCE MEYER

Contact Information

Daniel Reed, Acting Pro Tem – Board of Stewards 727-244-6451
Frederick Robinson, Trustee Board Vice Chairman 727-563-6054
Rev. Keturah Pittman, Clergy 727-215-0407
Rev. Dr. Kenneth Irby, Clergy 727-244-1302
Rev. Ira Whitson, Clergy 727-768-6178
Rev. Dr. Sherrisse Bryant, Youth Minister 727-608-7695
Dr. Donna Pringle, Health & Wellness 727-215-1512
Malory Williams, Male Chorus 727-687-6384
Patricia Needom, Class Leaders 727-896-1085
Felicia Pizana, Women's Ministry Chair 727-452-1405
Al and Courtney Gwyn, Couples' Ministry 727-564-7393
Shirley Kicklighter Morgan, Lay President 727-815-6563
Valarie Lee, O.L. Nicks WMS President 727-851-5339
Ariel Snead, YPD Director 727-220-6491
Donna Butler, Kitchen Manager 727-599-4215
Dozier Harrell, Sons of Allen President, Janitorial 727-656-0302
James Butler, Janitorial 727-906-1200
Bessie Kirnes, Administrative Assistant 727-433-2533
and Director, Board of Christian Education
Mable Gibson, Church School Superintendent 727-867-2562



GET CONNECTED
STAY INFORMED

**Important
Telephone Numbers**



our ETTA Youths

Excelling Through Talents and Academics

**"I have no
greater joy than
to hear that my
children walk in
truth"**

— 3 John 1:4

Cross and Anvil Human Services, Inc.

1207 7th Avenue South
St. Petersburg, FL 33705
Phone: 727-821-0284
Fax: 727-821-0004

Office Hours: 10 AM - 2 PM
Monday - Friday

Greater Mt. Zion A.M.E. Church

1045 16th Street South
St. Petersburg, FL 33705
Phone: 727-894-1393
Fax: 727-827-4707
Website: greatermtzioname.org

Office Hours:

Helen Evans - MWF - 9 AM - 1:00 PM
Verna Thompson TTHF - 9 AM - 1:00 PM



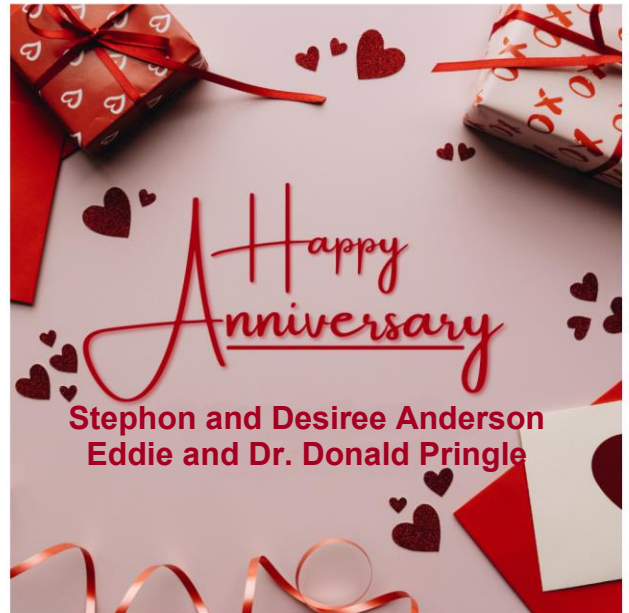
**Update
your
info!**

All Members:

Please contact the Church Office to update or check that your contact information is correct with the Church listing.

Your attention in this important matter is greatly appreciated.

Thank you,
The Office Staff



THANK YOU!

The Board of Trustees would like to thank our Pastoral Team, Rev. Clarence and Sister Andrea Williams, the Ministerial Staff (Rev. Keturah Pittman, Rev. Dr. Kenneth Irby, Rev. Dr. Sherrisse Bryant and Rev. Ira Whitson), Rev. Dr. James Givens, the Participants and **ALL** of our Greater Mt. Zion Family for the support given during our Family and Friends Day celebration. Without you, this would not have been a **SUCCESS.**

Frederick Robinson, Vice Chair
Joeline Eason and Dorothy H. Williams, Co-Chairs