

THE ZION TRUMPET



Greater Mount Zion African Methodist Episcopal Church
1045 16th Street South, St. Petersburg, FL 33705
727-894-1393

August 02, 2026

Family and Friends

*Friends and family are
the trees of strength,
When you need their help,
they'll go to any length.
They never judge you,
just give you lots of love,
What wonderful blessings
they are from God above.*

-James Greene



Family and Friends

Sunday, September 20, 2026
10 am

Guest Speaker:

Rev. Dr. James C. Givens
Mt. Olive AME Church, Fort Myers, FL



Theme:

Together We Pray- Together We Grow

Scripture: *Oh, magnify the Lord with me,
And let us exalt His name together.*

Psalm 34:3

Join us for this Celebration!

Thank you,
Fredrick Robinson, Vice Chairman



BIBLE TRIVIA



Trivia Answer for July 2026

In the Book of Revelation, the rider of the red horse is WAR!

Trivia Question for July 2026

In the Bible, which of the four horsemen of the Apocalypse rides a red horse?

Trivia Question for August 2026

Specify the duration which Jonah spent in the abdomen of a whale?

On-line Streaming

July 05th

Rev. Dr. Kenneth Irby

Isaiah 61:1-3

"But God / An Anointed Prayer"

July 12th

Rev. Clarence A. Williams

Matthew 22:37

"Full Time"

July 19th

Rev. Keturah Pittman

1 Kings 17:1-9

"What You'd Do When Your Brook Dries Up"

July 26th

Rev. Clarence A. Williams

Psalms 100 / 1 John 1:9

"The Sin in Me"

How will they believe in Him
of whom they have not heard? ...
So faith comes by hearing,
and hearing by the word of Christ.

Romans 10:14-17



**PREACH THE
WORD**
It's *Still* All About
Jesus

From The Pastor's Desk

Upside Down



When you think of something being upside down, the first thought would probably be to turn it right side up. Jesus and His gospel turned the religious culture of His day upside down. His words and His teaching were totally contrary to the normal teaching of the day. His ministry was altogether different from anything anyone had ever heard.

No more eye for an eye, no more hating your enemies. Jesus' message of love and inclusion was radical to say the least. This new concept of how God loves and cares for us all has turned religion upside down.

The Gospel turns the believer's life upside down. It transforms the believer's life forever. Believers should have a similar effect on the world. Christians should be turning the world upside down. We should be advocates of radical change. Moving people from the ways of the world to the ways of God. How? By turning darkness to light, by turning hate into love, evil into good, and lies into truth. We are empowered by God to change the world, to turn it upside down. **LET'S GET BUSY!**

Prayer For Today

Father God, thank You for the power to turn the world upside down.
May my work transform those around me and prepare them for Your Kingdom. AMEN

The Word for Today

*"Blessed are the peacemakers, for they will be called children of God.
Blessed are those who are persecuted because of righteousness,
for theirs is the kingdom of heaven."
Matthew 5:10*





National Grief Awareness Day: Understanding Grief

Grief is a natural response to loss. While it is most commonly associated with the death of a loved one, people can experience grief after many kinds of losses, including the end of a relationship, loss of health, a major life change, or the loss of a job or cherished dream. Grief is deeply personal, and there is no “right” way to experience it.

What Grief Feels Like

Grief can affect a person emotionally, physically, mentally, and socially. Common experiences include:

- ✓ Sadness, sorrow, or despair
- ✓ Guilt or regret
- ✓ Difficulty concentrating
- ✓ Fatigue or low energy
- ✓ Anger or frustration
- ✓ Anxiety or fear about the future
- ✓ Changes in sleep or appetite
- ✓ Feelings of loneliness or isolation

These reactions can come and go unexpectedly. Some days may feel manageable, while others may feel overwhelming.

The Grieving Process

People often refer to the five stages of grief described by psychiatrist Elisabeth Kubler-Ross:

1. **Denial** – Difficulty accepting the loss.
2. **Anger** – Feelings of frustration or unfairness.
3. **Bargaining** – Thoughts of “if only” or attempts to find ways the loss could have been prevented.
4. **Depression** – Deep sadness and withdrawal.
5. **Acceptance** – Coming to terms with the reality of the loss.

Not everyone experiences these stages, and they do not necessarily occur in a specific order. Grief is rarely a linear process.

Healthy Ways to Cope with Grief

- ✓ Allow yourself to feel your emotions without judgment.
- ✓ Talk to trusted friends, family members, or a counselor.
- ✓ Maintain basic self-care, including sleep, nutrition, and exercise.
- ✓ Be patient with yourself and recognize that healing takes time.



When to Seek Support

While grief is normal, professional support may be helpful if feelings become overwhelming, persist for a long time without improvement, or significantly interfere with daily life. Therapists, grief support groups, and mental health professionals can provide guidance and coping strategies.

A Final Thought

Grief is not a sign of weakness; it is evidence of love, connection, and the importance of what has been lost. Although the pain of grief can feel intense, many people find that with time, support, and self-compassion, they can learn to carry their loss while continuing to move forward in life.

The Health and Wellness Ministry

Time to PLAY!

WORD SCRAMBLE

Unscramble each of the school related clue words. Copy the letter in the numbered boxes to the boxes below with the same number to reveal a secret message!

COHLOS	
	5
NEILPC	
	10
NEISRDF	
	16 18
RAHETCE	
	2 11
DETUTSN	
	7 15
FOECIF	
	8
STSET	
	3
KHWOREOM	
	13 12 6
MYG	
	17
SIRCOSSS	
	1
DISVEO	
	9
RUELR	
	14
SARSOOLMC	
	4

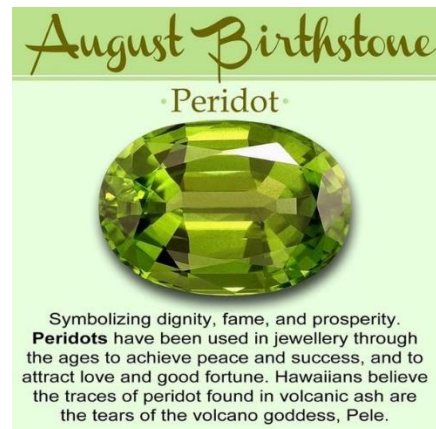


1 2 3	4 5 6	7 8	9 10 11 12 13 14	15 16 17 18



08/02 Geri Griffie
 08/02 Jordan Presley
 08/03 Teresa Bivins
 08/03 Cheryle Harrell
 08/03 Darlene Jackson
 08/03 Justin Miller
 08/03 Kendrick Poku
 08/03 Andrea Smalls
 08/03 Alisiya Webb
 08/04 Davenia Bryant
 08/04 Brian Perry
 08/04 Annette Smith
 08/05 Anton Hosein
 08/05 Antonio McMillian
 08/05 Troy Walker
 08/05 Jordan Weldon
 08/06 Olester Clemons
 08/06 Shonrielle Evers
 08/06 Nicole Moore
 08/06 Keaio Newton
 08/06 Jacquelyn Thompson
 08/07 Shakeria Barber
 08/07 Simone Wilson
 08/08 Stacey Williams
 08/09 Kingley Green
 08/09 Trinity Mack
 08/09 Jimmy Pritchett
 08/10 Courtney Gwyn
 08/10 Ashanti Singletary
 08/11 LaKeshia Eva
 08/11 Sandra Foster
 08/11 Carolyn Lewis
 08/11 Nathan Parker
 08/11 Ava Vaughn
 08/11 Belinda Williams
 08/12 Cornelius Bell
 08/12 Javarus Jackson
 08/12 Candi Myers
 08/12 Charlie Williams
 08/12 Cherita Wilson
 08/13 Stephanie Rich
 08/14 Desmond Adams
 08/14 Ariel Mathis
 08/15 Zenaida Green
 08/15 Rory Holden

08/15 Shakina Long
 08/16 Jarish Albritton
 08/16 Gwendolyn Elliott
 08/16 Leanna McDowell
 08/17 Jessica Allen
 08/17 Christopher Butler
 08/17 Troy Johnson
 08/17 Ta'liyah Pennywell
 08/17 Keara Sermon
 08/18 Joyce Riggins
 08/19 David Helm
 08/19 Latina Hoyte
 08/19 Keyanna King
 08/19 Isahia King
 08/19 Jamal Register
 08/20 Mack Burton
 08/20 McKendrick Pringley
 08/20 Antwuan Rivers
 08/20 Robert Warner
 08/21 Terry Bradley
 08/21 Elijah Flewellen
 08/21 Lula Love
 08/21 Allia-Rei Miller
 08/21 Jada Presley
 08/22 Raynard Roberts
 08/23 Devon Campbell
 08/23 Lorraine Green
 08/23 Tanequa Harden
 08/23 Alvin Hodge
 08/23 Nakaybee Moore
 08/23 Nikiesha Rodulfo
 08/23 Anthony Washington
 08/24 Pearl Keys
 08/24 Kamiya Simmons
 08/25 Joann Andrews
 08/25 Tierra Cleveland
 08/25 Tywanna Everett
 08/25 Rasheda Govantas
 08/25 Janis Jones
 08/25 Patrick Landers
 08/25 Sylvia Moore
 08/25 Shanay Swain
 08/26 Linda Bradley-Aquil
 08/26 Christina Davis
 08/26 Tryshanta Lang
 08/26 Cherlynn Mills
 08/26 De'Angelo Owens
 08/26 Orlando Pizana
 08/27 Malach Kenty
 08/27 Gary Stanford
 08/27 Aretha Stewart
 08/27 DeNiro Watson
 08/29 Apryl Hester



08/30 Isaiah McKinnon
 08/30 Qawie Wilcher
 08/31 DayJoanna Gibson
 08/31 Benjamin Jean-Charles
 08/31 Mattie Roberts
 08/31 Cynthia Scott
 08/31 Jacqueline Wilson
 08/31 Deneen Wyman

AUGUST BORN	
FACTS	
SERVINGS PER CONTAINER:	24/7
	%DAILY VALUE*
INTELLIGENT	105%
SARCASTIC	90%
ROMANTIC	100%
REBELLIOUS	110%
TELL-IT-LIKE-IT-IS	200%
LOYAL TO THE END	110%
SMART	100%
PROBLEM SOLVING	85%
LIE DETECTING	150%
KINDEST IF TREATED WELL	200%
DANGEROUS WHEN PROVOKED ..	1000%
*Daily value may vary	



with Deepest
Sympathies



To Patricia Needom and all other Family
Members on the loss of your Cousin:

Sister Emma Jean Hammond

To Valarie Lee, our Greater Mt. Zion Family and all
other Family Members on the loss of our Beloved
Member:

Sister Virginia Louise Mack
Funeral: Saturday, August 1, 2026
11 am



Sister Barbara Keys
Sister Kay Keys
Sister Daisy Powell
Sister Edna Stevens
Sister Jasmine Walker
Rev. Ira Whitson

1750 16th Street South, Unit 35279
3201 Burlington Avenue North, #405
2350 9th Avenue South, Apt. 102
2400 23rd Street South
1955 29th Street South
1660 31st Street South

Nursing Homes and Rehabilitation Centers

Ms. Valerie Griffin
Mr. Eugene "Geno" Harrell
Brother Herbert Keys
Brother Quentin Keys

Laurellwood Care Center, 3127 57th Avenue North, #10
Angel Care Rehab Center, 4300 31st Street South, Room 22
Menorah Life, 255 59th Street North
Shores Acres Rehabilitation, 4500 Indianapolis St. NE



Prayer 
Request

Ms. Stephanie Cummings

BIBLE ISCOVERY

EDUCATING | EDIFYING | ENCOURAGING

Every Sunday - 8:30 - 9:30 am

Senior Women's Class - Rhonda Ryan

Number: 1-978-990-5076

Access Code: 7777943#

Progressive Women's Class

Monique Brown and Rosalind Macon

Number: 540-792-0189

Access Code: 375083#

Men's Class

Brother Al Turner

Number: 848-220-3100

Access Code: 104516#

Youth Class – Rev. Dr. Sherrisse Bryant

Streaming at: greatermtzionname.org

Please Join Us!



Women's Prayer Line
Monday - Wednesday - Friday
at 7:00 AM

Number: 540-792-0189

Access Code: 375083#

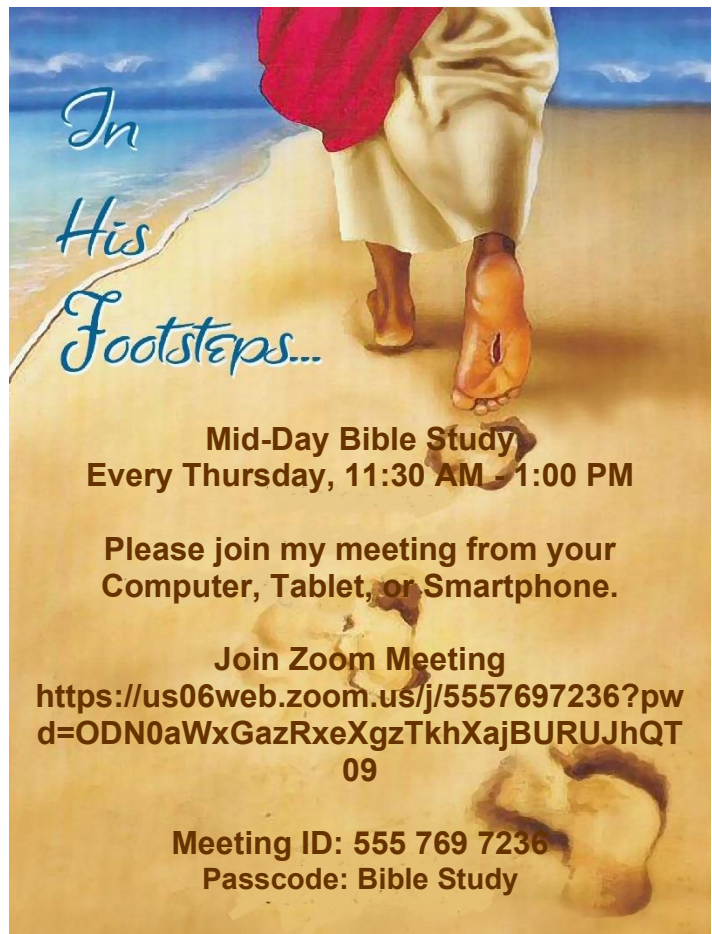
Prayer Time



Men's Prayer Line
Monday thru Friday
6 AM

1-848-220-3100

Access Code:
104516#



Mid-Day Bible Study
Every Thursday, 11:30 AM - 1:00 PM

Please join my meeting from your
Computer, Tablet, or Smartphone.

Join Zoom Meeting
<https://us06web.zoom.us/j/5557697236?pwd=ODN0aWxGazRxeXgzTkhXajBURUJhQT09>

Meeting ID: 555 769 7236
Passcode: Bible Study

Church News

LATEST UPDATES

St. Petersburg District

**Presiding Elder Appreciation
Sunday, August 9, 2026
4 pm at Greater Mt. Zion**

**Fourth Quarterly Conference
September 15, 2026 – 7:30 pm**

Leadership Training

**For: All Officers, Presidents of
Boards, Clubs, Auxiliaries**

**Saturday, September 19, 2026
9 am**

**Facilitator:
Rev. Dr. James C. Givens
Mt. Olive AME Church, Fort Myers, FL**

**Yours in Christ,
Rev. Clarence A. Williams**

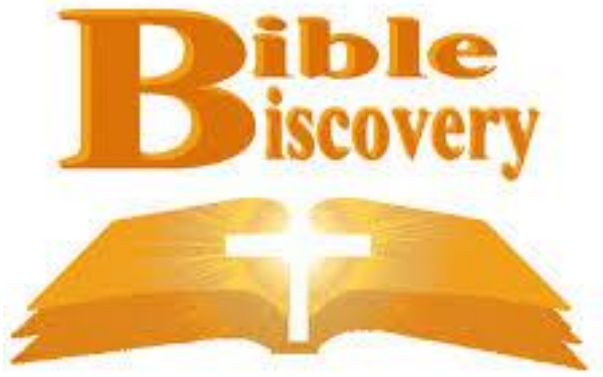
**Trustees
on Duty for the
Month of August 2026**

**Cornelius Bell
Russell Ross**

Please make contact with any member of the Board of Trustees if you need information about building use, activities on the grounds, or any other concerns. If you need further direction or have questions or concerns, please call me, Fred Robinson, Pro-Tem of the Trustee Board. My phone number is listed on Page 15.

Thank you,
Mr. Frederick Robinson





08/01 So I Send You
John 20:19-23

08/02 My Lord and My God!
John 20:24-29

08/03 Witness Around the Throne
Revelation 7:9-10, 13-17

08/04 Overcoming Witness
Revelation 12:7-11

08/05 Spirit-Filled Witness
Acts 6:7-14

08/06 Grateful Witness
Psalm 116:1-9

08/07 Steadfast Witness
Psalm 116:10-19

08/08 Courageous Witness
Acts 7:1, 44-53

08/09 The Witness of Martyrdom
Acts 7:54-60

08/10 The Fountain of Life
Psalm 36:1-9

08/11 Proclaiming the Faith
Galatians 1:13-24

08/12 Losing All to Gain Christ
Philippians 3:3-9

08/13 A Merciful and Gracious God
Exodus 34:5-9

08/14 A New Creation in Christ
2 Corinthians 5:17-21

08/15 Rejoicing in God's Forgiveness
Psalm 32

08/16 Sent to All the World
Acts 22:3-15

08/17 A Protégé With Promise
Acts 16:1-5

08/18 Listen to Wise Instruction
Proverbs 1:1-9

08/19 Learn From Father and Mother
Proverbs 23:22-26

08/20 A Worthy and Trusted Minister
Philippians 2:19-24

08/21 Make God Known to Future Generations
Deuteronomy 4:9-13

08/22 Thankful for Established Faith
2 Timothy 1:1-16

08/23 Continue in What You Have Learned
2 Timothy 3:10-11, 14-16

08/24 Stewards of God's Good Gifts
1 Peter 4:7-11

08/25 God Sees and Rewards Hospitality
2 Kings 4:8-17

08/26 A Capable, Entrepreneurial Woman
Proverbs 31:10-22

08/27 Good and Trustworthy Servants
Matthew 25:14-23

08/28 Blessed Are the Risk-takers
Matthew 25:24-30

08/29 The Righteous Provide to Others
Job 31:16-28

08/30 An Eager, Hospitable Disciple
Acts 16:11-15, 40

08/31 More Than Victorious
Romans 8:31-39

09/01 See What God Has Promised
Genesis 13:14-18

09/02 The Promised Land Revealed
Deuteronomy 34:1-12

09/03 God's Promised Rest
Hebrews 4:1-10

09/04 God's New Covenant
Hebrews 10:14-18

09/05 Whom Shall I Fear?
Psalm 27

09/06 Be Strong and Courageous
Joshua 1:1-11

We are not powerless to
change when we hold a
Bible in our hands, for
that Bible holds the
power to change us.

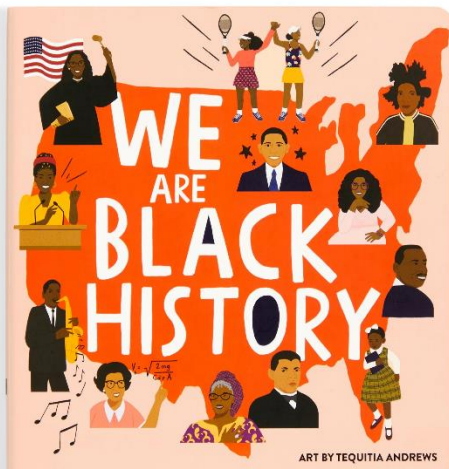
Wendy Speake

BLACK HISTORY

Trivia Questions for the Month

Black History Trivia Answers

1. March on Washington for Jobs and Freedom
 2. James Meredith
 3. Voting Rights Act of 1965
 4. Hip-hop
 5. Sojourner Truth
 6. Whoopi Goldberg
 7. Eddie Murphy
 8. Elmo Brady
 9. Roger Arliner Young
 10. ALLBLK, formerly UMC
1. Who was the founder of the Southern Christian Leadership Conference (SCLC), a key organization in the Civil Rights Movement?
 2. Who is often referred to as the "Queen of soul" and is known for hits like "Respect" and "Natural Women"?
 3. What is the name of the first African American record label founded in 1921 in Harlem, New York?
 4. Who was the first woman to win the Grammy Award for Best Female R&B Vocal Performance and was known for her soulful singing?
 5. What Black American actress and singer starred in the classic film "Carmen Jones" and won a Tony Award for "Porgy and Bess"?
 6. Who was the Black American mathematician and NASA scientist portrayed in the film "Hidden Figures" for her pivotal role in the early days of the U.S. space program?
 7. Who was the Black American mathematician and physicist who made significant contributions to the development of the atomic bomb during World War II?
 8. What Black American psychologist is best known for his research on implicit racial bias in IQ testing?
 9. Who was the first Black composer to win the Pulitzer Prize for music in 1996?
 10. Who was the first Black graphic designer to design a postage stamp?



Inspirational Moment

Prioritizing My Life

*"But seek first His kingdom and His righteousness,
And all these things will be given to you as well."
Matthew 6:33*

We often find ourselves rushing from one task to the next, entirely consumed by the heavy demands of our schedules. Work deadlines, family obligations, and endless chores easily take over our days. Before we know it, our calendars are full, but our spirits feel completely empty. When we pack our lives with temporary distractions, we tend to squeeze our faith into the tiny margins left behind. This exhausting pace leaves us feeling stretched thin and disconnected from the deep joy God intended for us.

God gently calls us to pause and look closely at how we spend our limited time. He does not want us to live in a constant state of overwhelm. Instead, He invites us to align our daily choices with His eternal purpose. When we intentionally choose to seek His kingdom first, a beautiful shift happens in our hearts. The frantic noise fades, and a profound sense of balance takes its place. Putting God at the center of our lives provides clear direction. We begin to understand that true success is not measured by a completed task list, but by a life deeply rooted in His steady love and grace.

Take a quick moment today to carefully evaluate your current focus. Ask the Holy Spirit to gently reveal any areas where you need to shift your attention. As we walk this journey of shared faith together, let us commit to living with clear intentionality. Put your relationship with the Creator at the very top of your list. Nurture your soul, cherish your family, and bring His comforting presence to your community. Trust that when you make space for God first, He faithfully provides the exact strength and wisdom you need for everything else.

-Dr. Joe Pettigrew



MEMBER HIGHLIGHTS

Our new page will be highlighting both children and adults.

If there is an accomplishment, recognition, award or business you would like to have highlighted, please submit it to the Church Office on or before the 15th of each month.

Kimberly G. Jackson

Legal. Advocacy. Speaking.
Attorney • St. Petersburg, FL



Over the past 15 years I have advocated for persons with unique abilities. This April I made the decision to return to the practice of law and continue consulting. It is my hope that our Church Family will assist in the following ways.

1- Review my website and provide critical feedback.

<https://kimberlygjackson.com/>

2-Share my monthly newsletter link with people who love, care for, advocate or provide support systems for people with disabilities.

<https://kimberlygjackson.com/resources/newsletters.html>

3-Please share my professional Instagram with the same population. It reflects our family journey and I hope it will help others.

<https://www.instagram.com/kimberlygjackson>

4-If there are speaking opportunities you are aware of, please let me know. I would like to build a national brand supporting corporate teams and non-profits who will engage with this population sooner than they anticipate.

<https://kimberlygjackson.com/services/speaking.html>

5-Finally- I am Gubernatorial candidate David Jolly's Policy Director. He will be the official democratic candidate after the primary.

<https://www.powerbrokernews.com/post/jolly-adds-prominent-national-local-advisors-to-gubernatorial-campaign-team>

My consulting work includes policy advocacy and board training and workshops. When you have opportunities to work with teams, please reach out.

Warmest appreciation for your support,
Kimberly G. Jackson, Attorney At Law, PLLC

Legal@kimberlygjackson.com

575 2nd Avenue South, Suite 208
St. Petersburg FL 33701

St. Petersburg District Church School Convention Highlights

Thank you to Carol Mattux for sponsoring our children for the Convention.



Do You Own a Business?

Beginning January 2026, we will highlight your business in The Zion Trumpet to get your information out to the Community and Members. Please turn in your information by the 15th of each month.

Thank you, and we are looking forward to patronizing all the "Businesses" that will be advertising with us.

The Office Staff

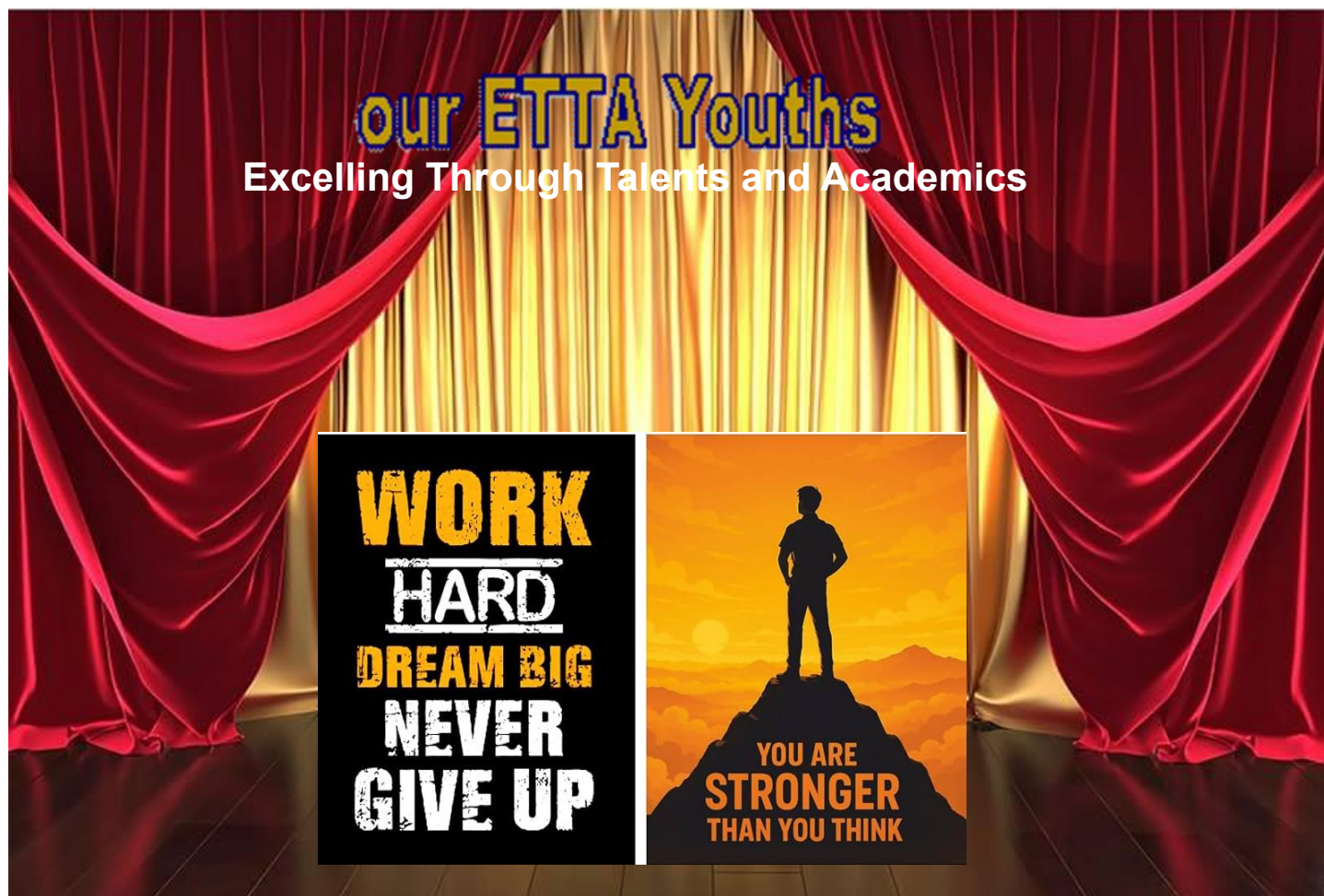
Contact Information

Daniel Reed, Acting Pro Tem – Board of Stewards 727-244-6451
Frederick Robinson, Trustee Board Vice Chairman 727-563-6054
Rev. Dr. Kenneth Irby, Clergy 727-244-1302
Rev. Ira Whitson, Clergy 727-768-6178
Rev. Dr. Sherrisse Bryant, Youth Minister 727-608-7695
Dr. Donna Pringle, Health & Wellness 727-215-1512
Malory Williams, Male Chorus 727-687-6384
Patricia Needom, Class Leaders 727-896-1085
Felicia Pizana, Women's Ministry Chair 727-452-1405
Al and Courtney Gwyn, Couples' Ministry 727-564-7393
Shirley Kicklighter Morgan, Lay President 727-815-6563
Valarie Lee, O.L. Nicks WMS President 727-851-5339
Ariel Snead, YPD Director 727-220-6491
Donna Butler, Kitchen Manager 727-599-4215
Dozier Harrell, Sons of Allen President, Janitorial 727-656-0302
James Butler, Janitorial 727-906-1200
Bessie Kirnes, Administrative Assistant 727-433-2533
and Director, Board of Christian Education
Mable Gibson, Church School Superintendent 727-867-2562



GET CONNECTED
STAY INFORMED

**Important
Telephone Numbers**



Cross and Anvil Human Services, Inc.

1207 7th Avenue South
St. Petersburg, FL 33705
Phone: 727-821-0284
Fax: 727-821-0004

Office Hours: 10 AM - 2 PM
Monday - Friday

Greater Mt. Zion A.M.E. Church

1045 16th Street South
St. Petersburg, FL 33705
Phone: 727-894-1393
Fax: 727-827-4707
Website: greatermtzioname.org

Office Hours:

Helen Evans - MWF - 9 AM - 1:00 PM
Verna Thompson TTHF - 9 AM - 1:00 PM



**Update
your
info!**

All Members:

Please contact the Church Office to update or check that your contact information is correct with the Church listing.

Your attention in this important matter is greatly appreciated.

Thank you,
The Office Staff



"May your journey together continue to be a beautiful adventure."

**James and Donna Butler
Elijah and LaTasha Gilbert, Jr.
Jimmy and Sylvia Pritchett
Darrell and Verna Thompson**

**Mark your Calendar
BOARD OF TRUSTEES**

Fish Fry

SATURDAY

August 15, 2026

"May your journey together continue to be a beautiful adventure."

Thank you

Dear Greater Mt. Zion AME Church:

A special thank you for your kind expression of sympathy and thoughtfulness. It is deeply appreciated and will always be remembered by my Family.

God's Blessing to You,
Katrina Q. Scott-Headley and Family