

THE ZION TRUMPET



Greater Mount Zion African Methodist Episcopal Church
1045 16th Street South, St. Petersburg, FL 33705
727-894-1393

April 5, 2026

A Simple Prayer

May all who are taxed by the ins and outs of everyday life find some rest and relief.

May all who are taxed by the decisions of our world leaders and local law makers find a way to make a difference and usher in some peace and justice.

May all who are taxed with the struggles of figuring out how to give to God what is God's and to Ceasar what is Ceasar's find wisdom in cultivating a Spirit of GRATITUDE.

-Doubting Believer



**GOD IS STILL
IN CONTROL!**

If we truly want to live in

God's new world

We must first learn God's will and then do it.

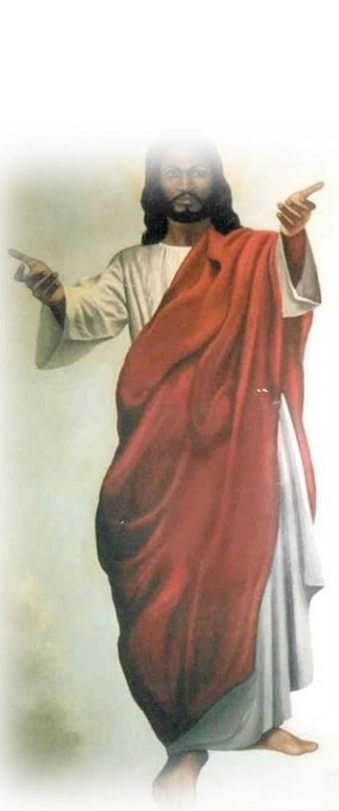
For this is a fact.

This world is passing away and so is its desire

But he that does the Will of God remains forever.

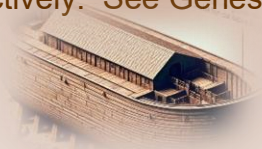
1 John 2:17





**Trivia Answer for
March 2026**

God commanded Noah to build the Ark of gopher wood and pitch respectively. See Genesis 6:14

A detailed illustration of the Ark of Noah, showing its multi-story structure with a ramp leading to an open doorway on the upper level. The ark is shown from a three-quarter perspective, floating on water.

**Trivia Question for
March 2026**

Which timber was used to construct the Ark of Noah and what sealant was chosen to render it waterproof?

**Trivia Question for
April 2026**

When Jacob wanted to marry Rachel, what did he have to do?

On-line Streaming

March 01st
Rev. Clarence A. Williams
Hebrews 11:1, 16-26
"Watch Dog"

March 08th
Rev. Keturah Pittman
Deuteronomy 2:1-5, 2 Peter 2:9-10
"It's Time for a Change"

March 15th
Rev. Clarence A. Williams
Exodus 16:1-20
"Getting Water from a Rock"

March 22nd
Rev. Keturah Pittman
Judges 6:1-6
"Are you Bold Enough to Cross the Line"

March 29th
Sons of Allen Worship
Rev. Kenneth Irby
Psalm 133:1
"He Ain't Heavy, He's My Brother"

A logo for 'Preach the Word' featuring a gold cross with a red heart in the center. The heart is surrounded by a circular pattern of gold rays. The text 'PREACH THE WORD' is written in gold, and 'It's Still All About Jesus' is written in red below it.

From The Pastor's Desk



FOLLOWING THE RIGHT PLAN

“Therefore, everyone who hears these words of mine and puts them into practice is like a wise man who built his house on the rock.”
Matthew 7:24

In today's verse, Jesus refers to a builder who was described as wise because he not only heard the words of Jesus, but he also acted upon them. If you read further in the passage, you read about another man Jesus described as foolish because he heard the words of the Master architect but built his house (symbolic of his life) on the unstable sand of his own plans. The message is simple: we all build our lives according to some plan - and when we ignore His plan, our houses (lives) ultimately fall.

One of the tragic things for many Christians is that they set goals to achieve but they aren't Jesus' goals. Many go the wrong way because they have never consulted Him about the direction for their lives. Others actually do consult Him, but when they are not satisfied with His plan, they go their own way instead. Both methods have the same results. Building on the unstable sand of their own thinking invites Satan's storms of destruction, and they never accomplish what Jesus had in mind for them.

Are you confident that you are building your life according to the rock-solid plan God has for you? Or have you gone your own way, asking Him to bless you? Do you consult God about the doors that are opening in your life? This process of following His plan is sometimes long, but it never fails. It takes wisdom and discernment. But if your commitment is to follow God's plan for your life, He will never leave you in the dark about it. Praise God now that He has a specific plan for your life. Ask Him to purify you so you may be able to follow His plan precisely. Ask Him to prepare those around you for the direction He is leading you. Now pray for courage to follow His plan.

God has a plan for your life that will bring prosperity and success to every area - so start following it today!





National Walking Day

The first Wednesday in April is National Walking Day, which encourages Americans of all ages to get out, stretch their legs, and get their hearts pumping. The American Heart Association sponsors this day to remind people of the health benefits of walking. Wear your sneakers (or take them with you) to work, and at some point in the day, take a 30-minute walk.

What are the benefits of walking? Walking is one of the best forms of exercise. Some of the benefits of walking include: **Improved cardiovascular health**, maintaining a healthy weight, improved flexibility in joints, stronger muscles, and improved mental health. A balanced diet and walking are a great combination for weight loss or maintaining a healthy weight.

Why do we love National Walking Day?

- **It gets us outside** – getting outside is an important element to maintain a healthy lifestyle. Walking is a great way to get outdoors!
- **It improves our health** – walking 10,000 steps per day is an effective way to improve one's own health.
- **It's easy to do** – no weights necessary. No running. No special skills or talents. Just get out there and walk!

National Walking Day Statistics


- 3.1 miles per hour – the average walking speed of a human.
- 500 miles – the walking duration a pair of tennis shoes lasts for.
- 6,000 – the number of steps a day that improves overall health
- 65,000 miles – the distance a person walks in their lifetime.
- 20 minutes – the number of extra minutes of walking it would take to burn seven pounds of body fat per year.
- 15 minutes – the time it takes to curb sugar cravings by walking.

Reference: www.heart.org

Submitted by Sister Sandra L. Foster (Sam)

The Health & Wellness Ministry
Dr. Donna Pringle



DID YOU KNOW? WALKING 40-60 MINUTES A DAY IS AN AMAZING WAY TO INCREASE YOUR ENERGY LEVELS, IMPROVE YOUR HEALTH & BOOST YOUR MOOD! 

Time to PLAY!

This puzzle is called a Cryptogram. Each of the letters has a corresponding number. Each of the blanks has a number underneath it. Fill in the letters that correspond to the numbers below the blanks to solve the phrase. Here's a hint: Psalm 139:13

_ _ _ _ _ M _
 20 22 12 19 22 17 14 3 18 24 6 22 2 2 24 2 2 24 21 11 19

_ _ | _ _ : _ _ _ _ _ M _
 12 24 9 15 2 19 22 17 14 3 18 24 10 22 18 24 12 24 21 11 24

| _ M _ M _ T _ _ _ ' _ _ M _ . |
 9 15 11 19 11 22 13 14 24 12 2 23 22 11 26 9

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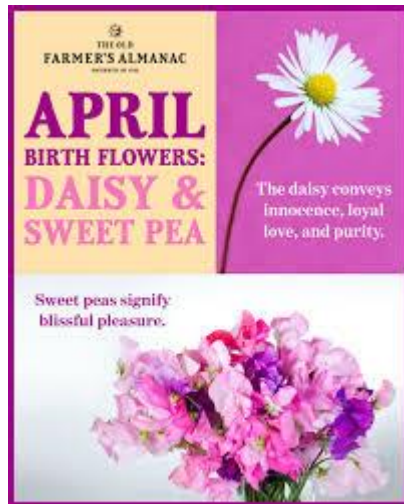
M _ _ _ : M _ _ _ _ _ _ _ _ _ _ _ _ _ _
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 23 22 12 7 2 3 15 21 13 14 3 13 11 19 2 22 17 5

_ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _ _
 7 15 22 23 2 20 17 5 5 23 24 5 5



- 04/01 Kesha Clark
- 04/01 Antonia Swain
- 04/01 Brianna Jernigan
- 04/02 Virginia Louise Mack
- 04/02 Gwen Woods
- 04/02 Ebony Harrell
- 04/03 Cassandra Jackson
- 04/03 Deonte Mixon
- 04/03 Frankie Harris
- 04/03 Brandon Gipson
- 04/04 Shaniya Collins
- 04/04 James Davis
- 04/04 Frederick Davis
- 04/04 Keontae Mosley
- 04/04 Samuel Boney
- 04/04 Jamari Green
- 04/05 Priscilla Alexander
- 04/06 Tommie Keys
- 04/06 Dorothy Harrell Williams
- 04/06 Elisha Gilbert
- 04/07 Linda Thompson
- 04/08 Latasha Gilbert
- 04/08 Latricia Harrell
- 04/09 Latoya Clark
- 04/09 Michael Crawford
- 04/09 Chris Davis
- 04/09 Latedra Everett
- 04/10 Vincent Cole
- 04/10 Copper Atwood
- 04/10 Ashley Pickens, II
- 04/11 Guianna Brantley
- 04/11 Delmar Brent
- 04/11 Jakiya Bryant
- 04/11 Floyd L. Crawford
- 04/12 Untilla Davis
- 04/12 Donovan Brown
- 04/13 Latoya Letthand
- 04/13 Kathy Wilson
- 04/14 Omega Adams



The Benefits of Your April Birthstone


Aside from their striking beauty, diamonds are thought to provide a variety of benefits.

Strength and Resilience
Like the diamond, an April baby is thought to have amazing inner strength and resilience. You possess the power to overcome obstacles and emerge stronger.

Clarity and Focus
Diamonds are thought to encourage mental clarity and focus, allowing you to make wise decisions and keep on track towards your goals.

Love and Devotion
Diamonds have long been connected with love and devotion, making them an ideal symbol of long term relationships.

Positive Energy
Some individuals think that diamonds can boost their lives' positive energy and luck.



- 04/14 Daniel Vaughn
- 04/15 Rev. Dr. Sherrisse Bryant
- 04/15 Kadajah Ervin
- 04/16 Gregory Keys
- 04/16 Addison Frazier
- 04/16 Jamy'ya Washington
- 04/16 Henry Jackson
- 04/17 Keisha Snead
- 04/17 Shekerra Rose
- 04/18 Barry Polite
- 04/19 Tikki Davis
- 04/19 Dantonio Wilson
- 04/20 Javonda Bryant
- 04/20 Dexter Churches
- 04/20 Duke Flowers
- 04/21 Calvin Butler
- 04/21 Sampson Canfall
- 04/21 Dennis Williams
- 04/21 Candice Mells
- 04/21 Verena Bryant
- 04/22 Pierce Bryant
- 04/22 Robert Green
- 04/22 Malik Brown
- 04/23 Charlie Jenkins
- 04/23 Kristen Gibson
- 04/23 Nikisha Watson
- 04/23 Felicia Pizana
- 04/23 Amber Frazier
- 04/23 Dimetric Williams, Jr.
- 04/24 Herman Williams, Jr.
- 04/25 Alicia Johnson
- 04/26 Tangerae Brown
- 04/26 Tiffany Lene' Williams
- 04/26 Dorothy Davis
- 04/27 O'Shen Allen
- 04/27 Harry Harris
- 04/28 Ramon Cruz
- 04/29 Michael Bivens
- 04/29 Marvin Poe, Jr.
- 04/29 Melissa Smith
- 04/30 Cassandra Williams
- 04/30 Alfreda McClendon
- 04/30 Shamoya Hedley
- 04/30 Jacinta Laster



with Deepest
Sympathies



To Sister Bessie Kirnes, Latonna and Kelvin Lamar, Galen and Tessie Kirnes and all other Family Members on the loss of your Cousin:

Mr. Gregory Styles



Sister Barbara Keys
Sister Kay Keys
Sister Daisy Powell
Sister Edna Stevens
Sister Jasmine Walker
Rev. Ira Whitson

1750 16th Street South, Unit 35279
3201 Burlington Avenue North, #405
2350 9th Avenue South, Apt. 102
2400 23rd Street South
1955 29th Street South
1660 31st Street South



Nursing Homes and Rehabilitation Centers

Ms. Valerie Griffin
Mr. Eugene "Geno" Harrell
Brother Herbert Keys
Brother Quentin Keys
Sister Annie Wright

Laurellwood Care Center, 3127 57th Avenue North, #10
Angel Care Rehab Center, 4300 31st Street South, Room 22
Menorah Life, 255 59th Street North
Shores Acres Rehabilitation, 4500 Indianapolis St. NE
Pinellas Point Rehab, 5601 31st Street South



Ms. Stephanie Cummings

BIBLE DISCOVERY

EDUCATING | EDIFYING | ENCOURAGING

Every Sunday - 8:30 - 9:30 am

Senior Women's Class - Rhonda Ryan

Number: 1-978-990-5076

Access Code: 7777943#

Progressive Women's Class

Monique Brown and Rosalind Macon

Number: 540-792-0189

Access Code: 375083#

Men's Class

Brother Al Turner

Number: 848-220-3100

Access Code: 104516#

Youth Class – Rev. Dr. Sherrisse Bryant

Streaming at: greatermtzioname.org

Please Join Us!



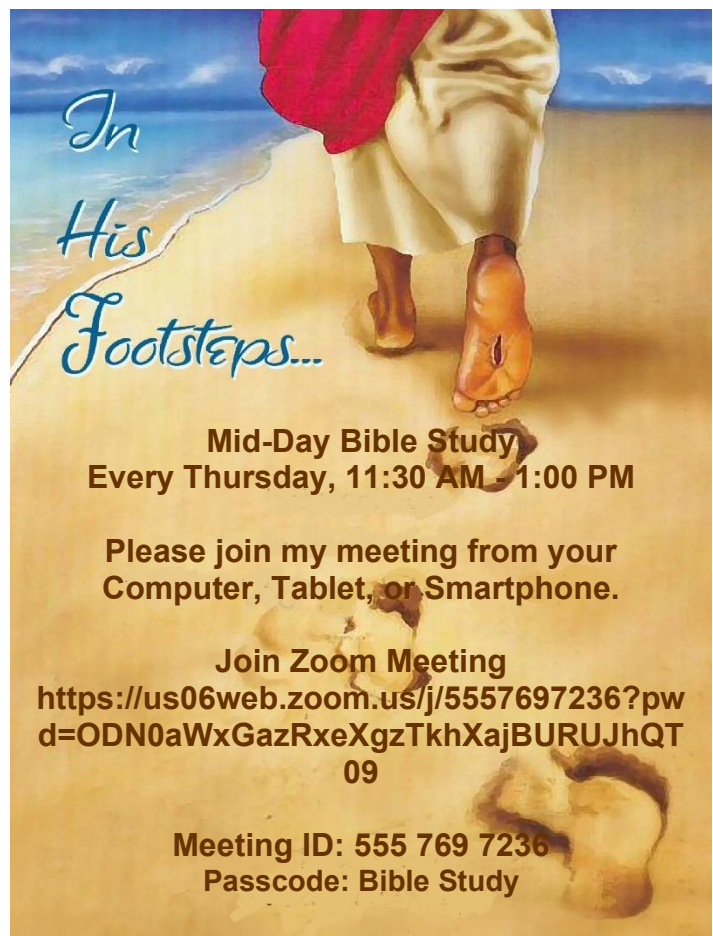
Women's Prayer Line
Monday - Wednesday - Friday
at 7:00 AM

Number: 540-792-0189
Access Code: 375083#

Prayer Time



Men's Prayer Line
Monday thru Friday
6 AM
1-848-220-3100
Access Code:
104516#



In His Footsteps...

Mid-Day Bible Study
Every Thursday, 11:30 AM - 1:00 PM

Please join my meeting from your
Computer, Tablet, or Smartphone.

Join Zoom Meeting
<https://us06web.zoom.us/j/5557697236?pwd=ODN0aWxGazRxeXgzTkhXajBURUJhQT09>

Meeting ID: 555 769 7236
Passcode: Bible Study

Church News

LATEST UPDATES

St. Petersburg District

Spring Revival
April 27-28, 2026
Mt. Olive AMEC – Clearwater

Church School Convention
June 18-20, 2026

Third Quarterly Conference
June 16, 2026 – 7:30 pm

Fourth Quarterly Conference
September 15, 2026 – 7:30 pm



Trustees on Duty for the Month of April 2026

**Alphonso Gwyn
Reggie Reed, Jr.**

Please make contact with any member of the Board of Trustees if you need information about building use, activities on the grounds, or any other concerns. If you need further direction or have questions or concerns, please call me, Fred Robinson, Pro-Tem of the Trustee Board. My phone number is listed on Page 15.

Thank you,
Mr. Frederick Robinson

Steward Board Meeting

Wednesday, April 8, 2026
8 pm - Via ZOOM

Trustee Board Meeting

Wednesday, April 15, 2026
8 pm – Via ZOOM

All Officers MUST be in attendance.

Thank you,
Rev. Clarence A. Williams

Upcoming Meetings

Please see the April
Calendar for all meetings
and rehearsals dates

Thank you

Bible Discovery



- 04/01 I Know That My Redeemer Lives
Job 19:23-27
- 04/02 Awake and Sing for Joy
Isaiah 26:12-19
- 04/03 Give Thanks to the Lord
Psalm 118:15-24
- 04/04 Christ is Risen From the Dead
1 Corinthians 15:13-20
- 04/05 Death Is Swallowed Up in Victory
1 Corinthians 15:50—58
- 04/06 Safety in Wise and Righteous Counsel
Proverbs 11:3-6, 8-11, 14
- 04/07 Our Ultimate Allegiance Is to God
Acts 5:26-32
- 04/08 Godly Leaders Will Give an Account
Hebrews 13:16-20
- 04/09 Just Rulers Fear God
2 Samuel 23:1-7
- 04/10 The Ways of a Godly King
Deuteronomy 17:14-20
- 04/11 The Things That Belong to God
Mark 12:13-17
- 04/12 Show Honor, Love, and Righteousness
1 Peter 2:13-17
- 04/13 A Heritage From the Lord
Psalm 127
- 04/14 My Child, Be Eager to Learn
Proverbs 2:1-6
- 04/15 Do Not Despise the Little Ones
Matthew 18:7-14
- 04/16 Obedience That Is Acceptable Before God
Colossians 3:20-25
- 04/17 Praise From the Mouths of Infants
Matthew 21:8-9, 15-17
- 04/18 Recognize the Good Deeds of Children
Proverbs 20:7-12
- 04/19 Let the Little Children Come
Mark 9:33-37, 10:13-16
- 04/20 By Wisdom a House Is Built
Proverbs 24:1-6
- 04/21 Growing in Divine and Human Favor
Luke 2:40-52

- 04/22 Submit to One Another
Ephesians 5:21-33
- 04/23 Choose Whom You Will Serve
Joshua 24:15-21
- 04/24 We Will Serve the Lord
Joshua 24:22-28
- 04/25 An Inseparable Union
Matthew 19:3-9
- 04/26 Teach Your Children God's Ways
Deuteronomy 6:3-9
- 04/27 Seek the Welfare of the City
Jeremiah 29:3-7
- 04/28 God's Own People
1 Peter 2:4-12
- 04/29 Pray for Those in Authority
1 Timothy 2:1-8
- 04/30 God Is Sovereign Over the Nations
Psalm 33:10-22
- 05/01 Our Citizenship Is in Heaven
Philippians 3:17-21
- 05/02 A Season of National Repentance
Jonah 3:1-5
- 05/03 God's Compassion for All
Jonah 4:6-11

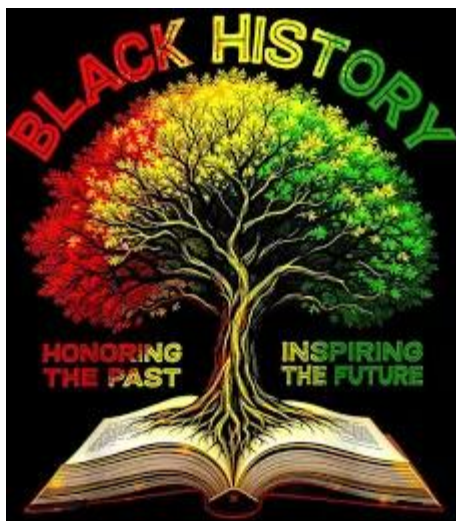


BLACK HISTORY

Trivia Questions for the Month

Black History Trivia Answers

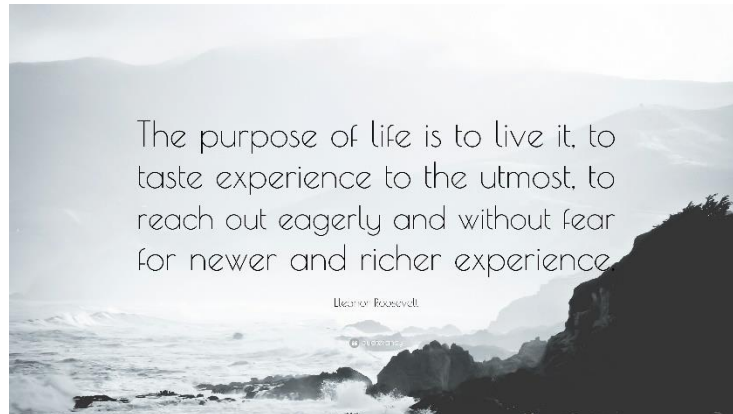
1. Nation of Islam
 2. To end segregation in public places and ban employment discrimination based on race, color, religion, sex or national origin
 3. The assassination of Dr. Martin Luther King, Jr.
 4. Gospel Music
 5. Delta blues
 6. Nas
 7. Harriet Jacobs
 8. David Walker
 9. Get Out
 10. Ryan Coogler
1. Who was the first Black American to enroll at the University of Mississippi, breaking the color barrier in higher education in the state?
 2. Which Black woman became the first major-party Black candidate for President of the United States in 1972?
 3. Which legendary guitarist is known for his virtuosic skills and played a crucial role in the development of rock and roll?
 4. What Black American artist released the groundbreaking album "What's Going On" in 1971, addressing social and political issues of the time?
 5. What dance style and music genre, originating in Harlem, New York in the 1920s, was often associated with the Harlem Renaissance?
 6. What act, passed by Congress in 1850, required that escaped enslaved individuals be returned to their owners, even if they were found in free states?
 7. What religious and social movement in the early 19th century advocated for the immediate abolition of slavery and attracted many Black American and white supporters?
 8. What abolitionist newspaper, published by John Brown and Peter Rucker, was known for its fiery denunciations of slavery and its call for armed insurrection against enslavers?
 9. Who was the Black American orator and writer who wrote the influential speech "Address to the Slaves of the United States" and advocated for slave rebellion and self-emancipation?
 10. What groundbreaking television miniseries, based on Alex Haley's book, traced the journey of a Black American family from slavery to the 20th century?



KNOW YOUR HISTORY

Inspirational Moment

Thankfulness in the Now



The moment you are living in is the one you will give the most attention to. Are you lost in the confines of the past? Are you fearful of the future? Or are you celebrating the now?

The mindset you choose will determine how each of these life eras effect you.

Let's live in the now – thankful for the good things we have, strong where we need to be, and hopeful for our blessings to increase in the days to come.

Let us not live fear-filled lives or sad present days. There is a time and place for all things, but it's up to us to focus on what can better our lives.

There are far greater things ahead than any we leave behind.
CS Lewis

So where is your mind? Soaking in hope of good to come? Or drowning in the lies of the past and the fear of the future.

Let us change the outlook to the good. Let us live our lives abounding in hope.

You've come a long way. You're here now. There are great things ahead. It begins with you.

-skywiter.net

CHANGE
BEGINS WITH
YOU



STEWARDSHIP

Managing God's Gifts To Us

Budgeting After Lent

Budgeting after Lent involves transitioning from a period of strict discipline to a sustainable, intentional financial plan by maintaining good habits developed over the 40 days. Key strategies include auditing saved money to fund long-term goals or charity, avoiding instant reversion to old spending habits, and automating savings.

Key Post-Lent Budgeting Strategies:

- **Audit Subscriptions & Spending:** Review what was cut during Lent (e.g., dining out, streaming services) and consider which to eliminate permanently.
- **Analyze Savings:** Calculate the money saved from reduced dining out, alcohol or shopping, and allocate it toward debt payoff or a high-interest savings account.
- **Create a Post-Lent Plan:** Instead of spending on "wants" immediately, redirect money from Lenten savings to retirement savings, or other financial goals, according to resources like those on empty nest budgeting
- **Maintain Simple Habits:** Continue eating simple meals or keeping a lower grocery bill to avoid reverting to expensive convenience food.
- **Automate Savings/Giving:** Set up automatic transfers to ensure the intentionality of Lent continues into regular routines.
- **Continue 'Financial Fasting':** Implement a "no-spend" weekend or week, to maintain discipline.

Lent is seen as a time to align spending with values rather than simply abstaining, notes [Foundation Wealth Planning](#).



MEMBER HIGHLIGHTS



Crowning Beauty
HAT DESIGNS

Services Provided:

- ◆ Lap Scarves
- ◆ Head Wraps
- ◆ Ladies Clergy Dickey
- ◆ Sashes & Hankies
- ◆ Sewing & Hemming Repair

Rosalind Macon | Hat Designer
[Etsy.com/shop/CrowningBeautyHats](https://etsy.com/shop/CrowningBeautyHats)
beholy2@yahoo.com
727-492-6186

Do You Own a Business?

Beginning January 2026, we will highlight your business in The Zion Trumpet to get your information out to the Community and Members. Please turn in your information by the 15th of each month.

Thank you, and we are looking forward to patronizing all the “Businesses” that will be advertising with us.

The Office Staff

Contact Information

Frederick Robinson, Trustee Board Vice Chairman 727-563-6054

Rev. Keturah Pittman, Assistant Pastor 727-215-0407
Rev. Kenneth Irby, Clergy 727-244-1302
Rev. Ira Whitson, Clergy 727-768-6178
Rev. Dr. Sherrisse Bryant, Youth Minister 727-608-7695
Dr. Donna Pringle, Health & Wellness 727-215-1512
Malory Williams, Male Chorus 727-687-6384
Patricia Needom, Class Leaders 727-896-1085
Felicia Pizana, Women's Ministry Chair 727-452-1405
Al and Courtney Gwyn, Couples' Ministry 727-564-7393
Shirley Kicklighter Morgan, Lay President 727-815-6563
Valarie Lee, O.L. Nicks WMS President 727-851-5339
Ariel Snead, YPD Director 727-220-6491
Donna Butler, Kitchen Manager 727-599-4215
Dozier Harrell, Sons of Allen President, Janitorial 727-656-0302

James Butler, Janitorial 727-906-1200
Bessie Kirnes, Administrative Assistant and Director, Board of Christian Education 727-433-2533
Mable Gibson, Church School Superintendent 727-867-2562



GET CONNECTED
STAY INFORMED

**Important
Telephone Numbers**



our ETTA Youths

Excelling Through Talents and Academics

"The more you learn, the
more places you'll go"

-- Dr. Seuss --



Cross and Anvil Human Services, Inc.

1207 7th Avenue South
St. Petersburg, FL 33705
Phone: 727-821-0284
Fax: 727-821-0004

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Monday - Friday

Greater Mt. Zion A.M.E. Church

1045 16th Street South
St. Petersburg, FL 33705
Phone: 727-894-1393
Fax: 727-827-4707
Website: greatermtzioname.org

Office Hours:

Helen Evans - MWF - 9 AM - 1:00 PM
Verna Thompson TTHF - 9 AM - 1:00 PM



**Update
your
info!** 

All Members:

Please contact the Church Office to update or check that your contact information is correct with the Church listing.

Your attention in this important matter is greatly appreciated.

Thank you,
The Office Staff

*Happy
Anniversary*

**Bryant and Christian Alexander
Alphonso and Bridget Turner**



**Mark your Calendar
BOARD OF TRUSTEES**

Fish Fry

SATURDAY

April 11, 2026
May 16, 2026 June 20, 2026
July 18, 2026 August 15, 2026

