The Zion Trumpet

June 1, 2025

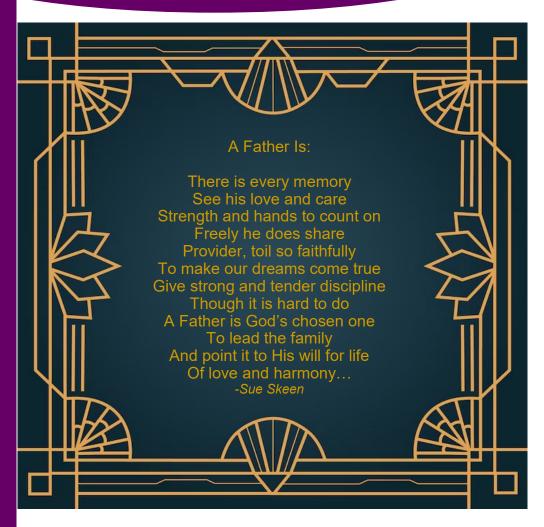
July Schedule

For the month of July, we will not have any meetings. We ask that you enjoy this time with your Family. We pray this time together will be the best ever and new memories will be made to last a life time.



Preach the Word /

and Bible Trivia	2
Pastor's Pen	3
Social Action	4
Birthdays	5
Sick and Shut In	6
Health and Wellness	7
We Pray	8
Church News	9



Bishop Listening Tour St. Petersburg District

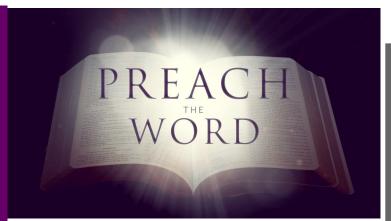
Monday, June 2, 2025

Bishop Zanders will arrive at Mt. Zion at 12:45.

Members are encouraged to attend.

Thank you,

Rev. Clarence A. Williams, Pastor





On-line Streaming

May 5th
Rev. Clarence A. Williams
John 20:21-23
"Get In The Game"

May 11th
Happy Mother's Day
Rev. Clarence A. Williams
Judges 5:7
"Heroine Debra"

May 18th
Rev. Clarence A. Williams
Isaiah 32:2-6
"Heroes"

May 25th
Rev. Dr. Sherrisse Bryant
Ephesians 6:12-13
"Fight On"



Trivia Answer for May 2025

He was a eloquent speaker compared to his brother who led the Israelites. He is Aaron, the brother of Moses. See Exodus 28

Trivia Question for May 2025

Who was Israel's first high priest?

Trivia Question for June 2025

In the Bible, who did the sun and moon stand still before?



"Right Decision—Wrong Decision"



Life is all about decisions. Making the wrong decision can be devastating. Making the right one could be the difference between life and death. That being said its no wonder some of us hate making decision altogether. We put them off, ignore them, or ask someone else to make them for us. Why do we hate to make decisions?

There are several reasons: uninformed, unprepared and the fear of making the wrong decisions are a few among many.

God has simplified decisions for us, He gives us counsel and examples in His Word. But most of all He speaks to us.

Decisions can be difficult, Joshua knew this better than most. Near the end of his life he asked his countrymen to make a decision of whom they would serve. This should have been an easy decision but it wasn't for many. He gave them a great example "as for me and my house we will serve the Lord." Every decision made with God is the right decision. The best decision I ever made was the day I decided to follow God.

"but if serving the Lord seems evil to you than choose you this day whom you will serve." Joshua 24:15

Thought for Today

Take time today to consult God in your decisions and don't back away from the tough decision. God is with us!

Be Blessed Today!

Memory Verse For Today

"They will be like a well watered garden and they will sorrow no more Jeremiah 31:12

Rev. Clarence A. Williams and Sister Andrea Williams





"It has never been a celebration of victory or an acceptance of the way things are. It is a celebration of progress. It is affirmation that despite the most painful parts of our history, change is possible and there is so much more work to do."
-President Barack Obama

Juneteenth National Independence Day

Juneteenth is short for June Nineteenth, it is a holiday commemorating the emancipation of enslaved people of African decent. The date was initiated during Lincoln's Administration (1863). It was made a legal holiday by President Joe Biden in June 2021 (258 years later). It is symbolic of the freedom and continued struggle of racial justice. The holiday was first celebrated by the state of Texas. The Emancipation Proclamation was signed (January 1, 1863) proclaiming "all persons held as slaves shall be free."

The Proclamation did not end slavery. Freedom for many would be won state by state in battles across the remnant of the confederate. This truth about this time and other Black History was not included in text books. Until the ratification of the 13th Amendment on December 1, 1863 slavery was a part of the South.

The federal holiday is celebrated around the world including: Ghana, Trinidad, Honduras and Tobago. Several cities across the United States have cancelled Juneteenth Celebration this year due to the current political climate.

IT IS NOT ONLY BLACK HISTORY, IT IS AMERICAN HISTORY AND SHOULD BE CELEBRATED AS SUCH.

"Where is unity there is always victory"
Pubilius Syrus





06/01 Ruth Clark 06/01 Larvary Copeland 06/01 Erica Riggins 06/01 Donald Thompkins, Sr 06/02 Sahmoia Newton 06/02 Terry Patterson 06/03 Regina Dudley 06/03 Y'Varryl Mitchell 06/03 Katrena Pugh-Ferrell 06/04 Rene Spaights 06/04 Frederick Robinson 06/04 Camron Cotman 06/04 Debbie Arnold 06/05 Gale Blackwell 06/05 Charles David 06/05 Bernice Gould 06/05 Michael Keys 06/06 Tawanda Barber 06/06 Calvin Mosley 06/06 Marie Royster 06/07 Ernarde Banks 06/08 Joan Broughton 06/08 Dakarri Evans 06/08 Lidaysha Williams 06/08 Barbara Wynn 06/09 Darrell Thompson 06/09 Eric Ofosu 06/09 Marquis Dorn 06/09 Titus Ofosu 06/10 Azaria Jackson 06/10 Helen Rhymes 06/11 Jerry Oliver 06/11 Erika McNeal 06/11 Erik McNeal 06/11 Patrick Wiggins 06/12 Marguetis Jackson 06/12 Ladie Williams 06/13 Garritt Thompson 06/13 Anitra Hall Milton 06/13 ShaJuan Pullian 06/13 LaJuan Pullian 06/14 Charles Davis

06/14 Aubrey Smith

06/15 Anthony Wynn 06/15 June Brown 06/16 Bridgett Flournoy 06/16 Tarra Dimanche 06/17 Lakeshia Roger 06/18 Darryl Mitchell 06/18 Brendasha Rembert 06/19 Earline Williams 06/19 Kelvin Davis 06/19 Jequoia Williams 06/19 Allaina Smith 06/19 Nadina Dedic 06/20 Anthony Ceabrooks 06/20 Fahima Cleveland 06/20 Paul E. McNealy 06/20 Yolanda W. Wynn 06/20 Anthony Butler 06/21 Daydrian Alexander 06/21 Albert Williams 06/21 Tabatha Young 06/21 Jakevia Malone 06/22 Vanessa Taylor 06/22 William Bradley 06/23 Bridgett Moore 06/23 Javonte Wade 06/24 Mamie Crawford 06/24 Katie Harrell 06/24 Sarah Brown 06/24 Tonya Mitchell 06/25 Lena McKennley 06/26 Patricia Hayes 06/26 Quanyse Gaddy 06/27 Jeffrey Wright 06/27 Shabrea Reaves 06/27 Emersen Jackson 06/27 Janell Laster 06/28 Anthony Smith 06/28 Uriah Jenkins 06/28 Jacoby Green 06/28 Jayla Laster

06/29 Christina Brown

06/29 Xavier Gwyn

06/29 Jaheil Randall

Foresighted. Get easily worried. Quite talkative. Very friendly. Stylish and fashionable. Soft spoken and polite. Warm and considerate towards people. Great sense of humor. Quite sensitive. Star in the crowd. Active and visionary thinker. Kind and generous. Loyal lover. Love to debate. Love the finer things of life.

06/30 Broderick Fields 06/30 Allen Gaskin





Earline and Ralph Gilbert and all other Family Members on the loss of Your Sister:

Sister Alease Miller Cole

Rev. Ira Whitson, Alicia Waddell and all other Family Members on the loss of Your Son / Brother:

Mr. Gary Ross



Cynthia Boyd, June Brown, the entire Greater Mt. Zion Family and all other Family Members on the loss of your Beloved Husband, Brother and our dear Member:

Funeral: June 7, 2025 - 12 (noon) **Prayer Tower COGIC** 1137 37th Street South, St. Petersburg

Rev. Robert Boyd

SICK AND SHUT IN





Sister Barbara Keys Brother Bobby Jackson Sister Daisy Powell Sister Edna Stevens Sister Jasmine Walker Rev. Ira Whitson Sister Annie Wright

219 Pompano Drive SE, Unit D 2350 9th Avenue South, Apt. 310 Brother Herbert/Sister Kay Keys 3201 Burlington Avenue North, #405 2350 9th Avenue South, Apt. 102 2400 23rd Street South 1955 29th Street South 1660 31st Street South 1834 21st Street South

Nursing Homes and Rehabilitation Centers

Ms. Valerie Griffin Mr. Eugene "Geno" Harrell Brother Quentin Keys

Laurellwood Care Center, 3127 57th Avenue North, #10 Angel Care Rehab Center, 4300 31st Street South, Room 22 Abbey Rehabilitation, 7101 Dr. Martin Luther King N., Room 202

Ms. Stephanie Cummings





June Awareness Month

Here are some of the health awareness topics for June. Some resources are provided for you to read up on at your own pace..



Alzheimer's and Brain Awareness Month, which is recognized as a time to raise awareness about Alzheimer's disease and other dementias. Here are some resources from the National Institute on Aging:

- Caring for someone with Alzheimer's
- ▼ Healthy People 2030 evidence-based resources related to dementias
- MyHealthfinder resource

World Sickle Cell Day - World Sickle Cell Day is

observed each year on June 19th to increase the public's knowledge about sickle cell disease. There are some fact sheets you can find at the following sites:

- National Heart, Lung, and Blood Institute (NHLBI)
- Centers for Disease Control and Prevention
- MyHealthfinder resource
- Healthy People 2030 evidence-based resources related to blood disorders.

National HIV Testing Day—HIV.gov recognizes National HIV Testing Day on June 27th to highlight the importance of HIV testing. This year's theme is Take the Test and Take the Next Step—a reminder for eve-

ryone to know their HIV status and take steps to stay healthy.

Here are some resources from the CDC:



- ▼ Let's Stop HIV Together campaign
- ▼ My Healthfinder—getting tested for HIV and Questions for the doctor about HIV testing.
- ▶ Healthy People 2030 is an evidence-based resource on increasing HIV screening.

References: Websites
The Health and Wellness Ministry
Dr. Donna Pringle

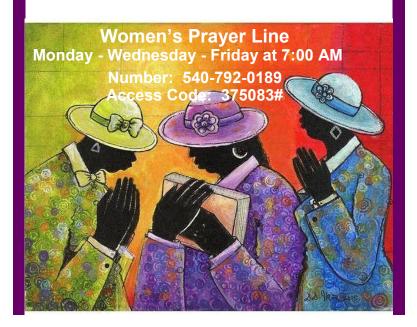








"Rejoice always, pray continually, give thanks in all circumstances; for this is God's will for you in Christ Jesus. " 1 Thessalonians 5:16-18 (NIV)





Every Sunday - 8:30 - 9:30 am

Senior Women's Class - Rhonda Ryan Number: 1-978-990-5076

Access Code: 7777943#

Progressive Women's Class

Monique Brown and Rosalind Macon

Number: 540-792-0189 Access Code: 375083#

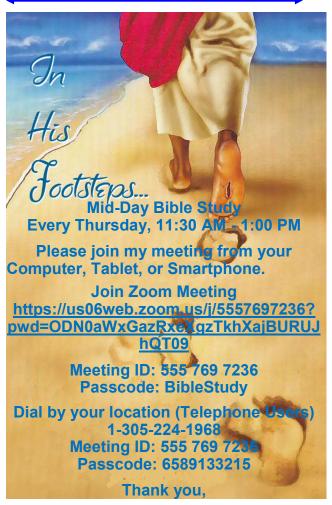
Men's Class Brother Al Turner

Number: 302-202-1110

Access Code: 356251#

Youth Class – Rev. Dr. Sherrisse Bryant Streaming at: greatermtzioname.org

Please Join Us!





Trustees on Duty for the Month of June

Michael Smith Donnie Williams

Please make contact with any member of the Board of Trustees if you need information about building use, activities on the grounds, or any other concerns.

If you need further direction or have questions or concerns, please call me, Fred Robinson, Vice-Chair of the Trustee Board. My phone number is listed on Page 15.

Thank you,

Mr. Frederick Robinson



Rehearsals

Musicians Every Monday, 6:30 pm

Choir / Male Chorus Every Tuesday, 6:30 pm

Youth 2nd, 3rd, 4th Sundays Immediately after Worship

Please join us to sing unto the Lord!

Thank you, Dawn Bannister



Upcoming Events

Rev. James O. Williams Retirement Celebration May 31, 2025

Church School Convention June 12-14, 2025 Mt. Olive AME Church, Clearwater

> 3rd Quarterly Conference June 24, 2025 - 7:30 pm

4th Quarterly Conference September 16, 2025 - 7:30 pm

June Meetings

O.L. Nicks Women's Missionary Society Thursday, June 12, 2025 - 6:30 pm

Jessie Kicklighter Well Lay Organization Tuesday, June 10, 2025 - 6:30 pm

Christan Education Department
Class Leaders
Will meet again in August

Thank You...



- 06/01 Acceptable and Unacceptable Worship Genesis 4:1-15
- 06/02 Obedience to God's Command Genesis 6:11-22
- 06/03 Jesus Joins Us in the Storm John 6:15-20
- 06/04 Peace Through the Word John 14:18-27
- 06/05 God Protects Genesis 7:11-24
- 06/06 Divine Rescue 2 Peter 2:1-9
- 06/07 A Cry for Deliverance Psalm 77:1-2, 7-20
- 06/08 A Covenant of Peace Genesis 8:13-22; 9:11-13
- 06/09 God Promises a Son Genesis 17:15-22
- 06/10 Abraham's Righteous Faith Romans 4:1-15
- 06/11 Life Out of Death Romans 4:16-25
- 06/12 A Blessing to the Nations Genesis 12:1-7
- 06/13 Joy for Weeping Psalms 125-126
- 06/14 Abraham's Courageous Faith Hebrews 11:8-12
- 06/15 God Will Provide a Lamb Genesis 22:1-14
- 06/16 Love the Foreigner as Yourself Leviticus 19:30-37
- 06/17 The Birth of Twins Genesis 25:19-28
- 06/18 Stay in the Land Genesis 26:1-11
- 06/19 God Will Supply Every Need Philippians 4:10-19
- 06/20 God Blesses and Provides Genesis 26:12-23

- 06/21 Live in Harmony Romans 15:1-13
- 06/22 Making Peace with Others Genesis 26:24-33
- 06/23 Jacob's Return to Bethel Genesis 35:1-7
- 06/24 Abide in Christ, the True Vine John 15:1-8
- 06/25 Seek God with All Your Heart Jeremiah 29:8-14
- 06/26 Christ Is Among His Gathered People Matthew 18:15-20
- 06/27 Christ Is with Us Always Matthew 28:16-20
- 06/28 Fullness of Joy in God's Presence Psalm 16
- 06/29 The Lord Is in This Place Genesis 28:10-22
- 06/30 Living in God's Presence Psalm 27
- 07/01 Anointed by the Holy One 1 John 2:20-28
- 07/02 Remember Israel's Redemption Deuteronomy 16:1-10
- 07/03 Rejoice Before the Lord Deuteronomy 16:11-17
- 07/04 Judah Has Become God's Sanctuary Psalm 114
- 07/05 The Father and I Are One John 10:22-30, 34-38
- 07/06 Jesus Learns in His Father's House Luke 2:41-52





FATHER'S DAY

WORD SEARCH PUZZLE

BEST FRETARBELECV **BRAVE** RUTRUN Y H D E BREAKFAST RAC L O P I G Ν I U 0 0 CARD T O L S N O L JL V P CARING Ι ROVBVD 0 AL CELEBRATE C Y L H E HRR E F K CHILDREN E E G Ι OHEV A L U E N DADDY VG В P LMN A V S W Ρ N G **FAMILY FATHER** S Ι S F В G T T A K R В FRIEND RT DH C EHFRL ERC **FUN** PARA Ι E H A **GIFT** Y S E T C R R E P R E N N L L **GRANDPA** D Т P R V 0 T N D A D D Y E **HAPPY** F Ρ L Y В UAKU D Η **HFRO** E B В S T PEDGRAPC \mathbf{E} HOLIDAY

The words appear UP, DOWN, BACKWARDS, and DIAGONALLY. Find and circle each word.



HONOR

PARENT PRESENT

PROUD RESPECT

SPECIAL STRONG VALUES

JOKES LOVE NURTURE PAPA Fother's



MOMENTS THAT MATTER OUR BLACK HISTORY

Black History Trivia Answers

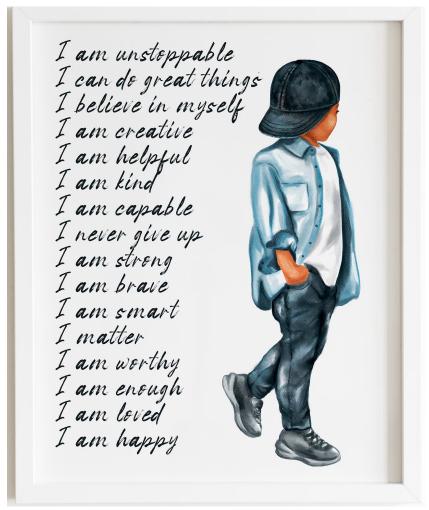
- 1. Denmark Vesey
- 2. Reconstruction
- 3. Million Man March, Louis Farrakhan
- 4. Montgomery, Alabama
- 5. W.E.B. DuBois, Ghana
- 6. An organization of nurses founded by Marcus Garvey to provide health care for Blacks in the Americas.
- 7. Kwanzaa
- 8. Negro League Baseball Team, Louis Armstrong
- 9. Nikole Hannah-Jones
- 10. Will Smith

Trivia Questions

- 1. This Egyptian architect was a designer of pyramids. Name him.
- 2. What was the Plessy vs Ferguson case about?
- 3. What is the nature of a petition being distributed throughout the world concerning Marcus Garvey?
- 4. One of Ernest Gaines' books was made into a movie. Name the movie and the star of that movie and the lead actor in the movie?
- 5. Who founded the Me Too Movement, and what is the purpose of that movement?
- 6. Where did the only successful land slave revolt take place, and who was its leader?
- 7. During the 1920s and 1930s, a period of great cultural achievements by Black writers, actors, music and art took place. By what name is this period known?
- 8. Ava Duvernay created and was one of the directors of a TV series involving a family that owned a sugar cane farm in Louisiana. What is the name of the show?
- 9. This young lady gymnast has won over 30 Olympic or World Championship medals. Name her.
- 10. She has been called the "Mother of Black Political Science" and was the first African American woman to earn a Ph.D. in political science.







Join Us for Graduation Worship

June 8, 2025 10 am



Thirteen Ways to Budget and Save Money During the Summer

Summer is a fun time, but can also be expensive. Fear not, because there are simple ways you can learn how to budget and retrain your brain to save money.

Tips to stick to a budget during the summer:

- 1. **Set Limits in Advance** use this time to create a budget for the first time or revisit an earlier budget. Take a look at your cash flow and make intentional decisions about where you want to spend and where you may want to cut back.
- Be Smart about Scheduling you can save on your next trip by taking vacation during the last week of August. Data from Tripadvisor suggests you'll spend 23% less if you travel after the early summer rush.
- Use Cash, Not Credit leave your credit cards behind on day trips and outings when possible.
 Keeping cash in your wallet will encourage you to prioritize spending only on the most important items.
- 4. **Track Your Spending** you can't change what you don't measure. Start a spreadsheet and log your expenses. This will make you more aware of your summer spending habits and highlight where there's room for improvement.
- 5. **Shop Sales** summer is a great time to get deals on big purchases like appliances, personal electronics, outdoor furniture and mattresses. Keep you eye out fo discounts and stock up on essentials during July 4th, Labor Day and back-to-school sales.
- 6. **Don't Skimp on Savings** no matter your stage of life, you need an emergency fund to handle unexpected expenses. Give yourself peace of mind by automating a bank withdrawal to your savings account each month.
- 7. **Eliminate Expenses** audit your bank statements. Cancel subscriptions or memberships you're not using. Consider cutting the cord and going cable-free.
- 8. **Focus on FREE Activities** attend festivals, craft fairs and outdoor concerts in your area. Check out your local library for free kids programming and entertainment. Your local YMCA or parks and recreation center may also offer no-cost online options.
- 9. **Make Smart Swaps** stretch your family budget by cooking meals at home instead of going out. Start an herb or vegetable garden. Buy generic brands at the grocery store.
- 10. Earn Extra Cash—host a garage sale or bring items to a consignment shop. You can also pick up a side hustle, such as running errands or house sitting for neighbors.
- 11. **Use Your Flexible Spending Account (FSA)** your FSA, which may be available through your employer, can be used to pay for qualified medical and dental expenses.
- 12. **Be Smart About Childcare Expenses -** Many rec centers, park departments, museums, colleges, and other publicly funded institutions offer inexpensive and even FREE summer camps and enrichment programs for children during the summer months.
- 13. **Ask for an Energy Audit** save money on your utility bill by having a technician asses your home. They'll inspect for drafts, seal air leaks and provide recommendations to make your home more energy-efficient.





Contact Information Jimmy Pritchett Steward Board Pro-Tem 727-366-7763 Frederick Robinson, Trustee Board Vice Chairman

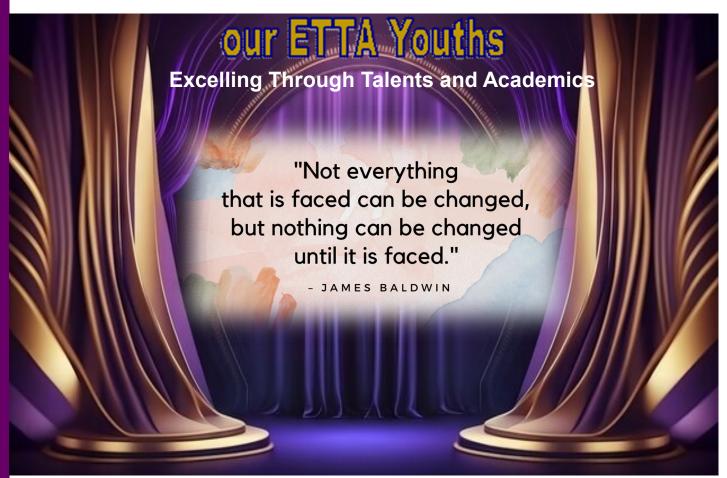
727-563-6054 Rev. Keturah Pittman, Assistant Pastor 727-215-0407 Rev. Ira Whitson, Clergy 727-768-6178 Rev. Dr. Sherrisse Bryant, Youth Minister 727-608-7695 Dr. Donna Pringle, Health & Wellness 727-215-1512 Anna Herring, Social Action 727-258-4769 Malory Williams, Male Chorus 727-687-6384 Shirley Kicklighter Morgan, Lay President 727-815-6563 Valarie Lee, O. L. Nicks WMS President 727-851-5339 A'Rielle Snead YPD Director 727-220-6491 Donna Butler, Kitchen Manager 727-599-4215 Patricia Needom, Class Leaders 727-896-1085 Dozier Harrell, Janitorial 727-656-0302 James Butler, Janitorial 727-906-1200 Dozier Harrell, Sons of Allen President 727-656-0302 Church Clerk

Superintendent Bible Discovery Church School

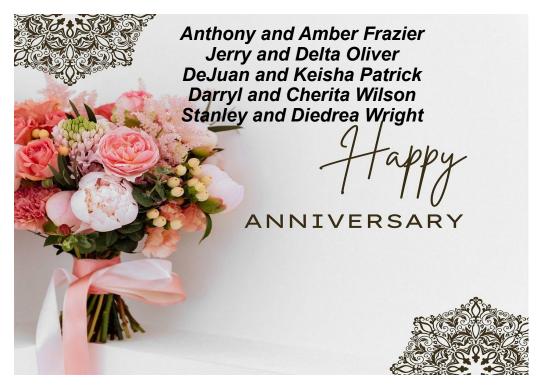
Bessie Kirnes, Administrative Assistant 727-433-2533

and Director, Board of Christian Education

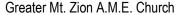
Felicia Pizana, Women's Ministry Chair 727-452-1405 Al and Courtney Gwyn, Couples Ministry 727-564-7393



Please highlight your Youth accomplishments and achievements here.







1045 16th Street South St. Petersburg, FL 33705 Phone: 727-894-1393 Fax: 727-827-4707

Website: greatermtzioname.org

Office Hours:

Helen Evans MWF - 9 AM - 1:00 PM Verna Thompson TTHF - 9 AM -1 00 PM

Cross and Anvil Human Services, Inc.

1207 7th Avenue South St. Petersburg, FL 33705 Phone: 727-821-0284 Fax: 727-821-0004 Office Hours: 10 AM - 2 PM Monday - Friday

From the Office Staff:

The weather is hot, tempers are rising. The atmosphere in this country is not one of unity at this time.

We are the window the world watches. Let's be the example of love and kindness that is so needed at this time.

God is with us-SO SHINE ON!

God Bless!

Save the Pate...

Steward Board Meeting Wednesday, June 11, 2025 - 8 pm

Trustee Board Meeting Wednesday, June 18, 2025 - 8 PM

These meetings will be via Zoom. <u>ALL</u> Officers are asked to be in attendance. Zoom information will be provided.

Thank you. Rev. Clarence A. Williams