



Greater Mt. Zion A.M.E. Church

The Zion Trumpet

March 2, 2025

Upcoming Events

2nd Quarterly Conference
April 1, 2025 - 7:30 pm
Reports due to Church
Office by

3rd Quarterly Conference
June 24, 2025 - 7:30 pm

4th Quarterly Conference
September 16, 2025
7:30 pm

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A Lenten Reflection...

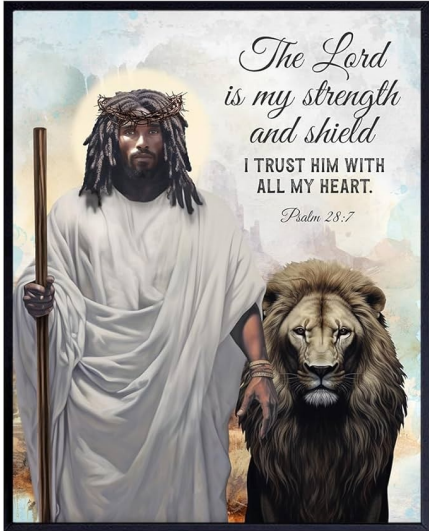
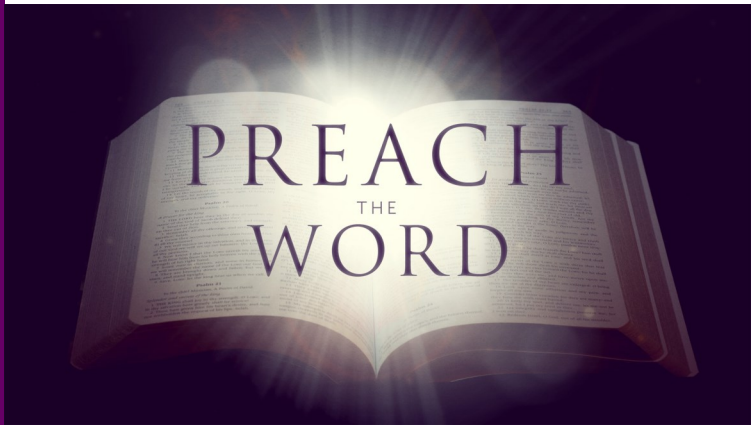


- Give up complaining; focus on gratitude
- Give up harsh judgments; think kindly thoughts
- Give up worry; trust divine Providence
- Give up discouragement; be full of hope
- Give up bitterness; turn to forgiveness
- Give up hatred; return good for evil
- Give up negativism; be positive
- Give up pettiness; become mature
- Give up jealousy; pray for trust



EASTER CALENDAR

DAYS	DATE
ASH WEDNESDAY	MAR 5, 2025
PALM SUNDAY	APRIL 13, 2025
GOOD FRIDAY	APRIL 18, 2025
EASTER	APRIL 20, 2025



On-line Streaming

February 2nd
10 am - Rev. Clarence A. Williams
Psalm 55:22
"Give It To God"

February 09th
Rev. Keturah Pittman
Job 28:2-3
"Do You Look Like What You Been Through"

February 16th
Rev. Kenneth Irby
Micah 6:6-8
"Justice for All"

February 23rd
Rev. Dr. Joseph Hooper
St. Luke AME Church, Newark, New Jersey
Genesis 32:24-32
"If It's Not One Thing; It's Another"



Trivia Answer for February 2025

Revelations 2:10 states "Be thou faithful unto death." Yes, we can all do that.

Trivia Question for February 2025

According to the Book of Revelations, what needs to be done to receive the crown of life?

Trivia Question for March 2025

What is the name of the City of God?



“The Corner Stone”



Construction is amazing to me. For men to take a piece of earth and change it to a building complete with running water, air conditioning and electrical power is no small task. It requires the right equipment, specialized tools and skilled craftsmen.

It begins as a drawing carefully engineered to maximize space and optimize efficiency. The block mason then finds the north east corner of the structure and sets the first block in place. This block is called the corner stone. It is the single most important task of the building process. It normally is performed by the most skilled mason.

The corner stone must be unbroken, completely straight. One side is true north the other side is due east. If this task is not performed correctly the entire project will be uneven, or crooked. The entire structure will be built from this point. As the child's umbilical cord is the beginning of life of a person, so is the corner stone the beginning of life of a building.

Jesus Christ is the corner stone of the Church of God. Without Him nothing else matters. He represents the stone which all others are attached. Without the Chief Cornerstone the building will be flawed and destined to fail. No building can stand without putting Him first. Every believer must be attached to Him?

Prayer for Today

Dear Lord, thank you for being the Chief Cornerstone.
You make us true and straight. We are attached to you and join
ourselves with other believers to form a spiritual building.
A building who's maker and builder is God. AMEN

The Word For Today

*“Therefore thus saith the Lord God, Behold, I lay in Zion for a foundation
a stone, a tried stone, a precious corner stone, a sure foundation.
Isaiah 28:16*

Inspirational Moment

Guide to Lent Practices

This 2025 Guide to Lent Practices was created to assist you with navigating this holy time with grace, intention, and newfound motivation. Ash Wednesday (March 5, 2025) marks the start of Lent, which finishes on Holy Thursday (April 17, 2025) and leads to Easter Sunday (April 20, 2025). Together, let's turn this Lent into a life-changing experience!

- 1. The Significance of Lent 2025** - a forty-day journey of prayer, fasting, and almsgiving. Lent is a time to put aside distractions and rediscover our passion for God. Lent encourages you to:
 - Take a moment to hear God's voice in a world full of noise,
 - Admit your sins and break bad habits.
 - Be of extreme love in service.
- 2. Essential Lenten Activities (Timeless and Pertinent)**
 - Prayer: expand your conversation with God
 - Scripture Immersion (read the Gospel of John (40 chapters for 40 days).
 - Prayer Walks: set out fifteen (15) minutes every day to stroll and offer up prayers for your community.
 - Fasting: savor foods that actually nourish.
 - Almsgiving: Show Your Neighbor Real Love by Giving Ingeniously.
- 3. New Concepts for 2025 Lent:**
 - Carbon Fast: Eco-Stewardship Focus: cut down on energy consumption (e.g., unplug gadgets, cycle instead of drive).
 - Plant a Prayer Garden: as a Lenten endeavor, grow flowers or herbs and share the produce with your neighbors.
 - Tuesdays without Technology: After 7 p.m., unplug for peaceful contemplation or family board games.
- 4. Family-Friendly Lent:** Jar of Sacrifice: children put a penny (or toy) in every day; on Easter, they give to a good cause. Kindness Chain: create a chain to hang in your house by writing positive actions on paper strips.
- 5. Lent and Mental Health - Fast from Anxiety:** Say a breath prayer ("Jesus, I trust in You") in place of worrying. Sabbath Moments: Take ten (10) minutes each day to relax without doing anything, listening to music, or listening to podcasts. Keep a gratitude journal and list three benefits every night, even during difficult times.

6. A 2025 Lenten Prayer

"Merciful God, Teach me to hunger only for You during these forty days. Break free from the bonds of pride, haste, and comfort. Let my prayers inspire holy bravery, my donations show Your compassion for the wounded, and my fasting provide room for Your grace. Bring me to the happiness of Easter, when love triumphs over death. Amen

-PastorIHu / inspirationalportal/ February 4, 2025

To everyone born
in the month of March



03/02 Darhea Blakely
03/02 Reggie Reed, Jr.
03/03 Leon Grant
03/03 Steven Walker
03/03 Ja'Niyah Clark
03/03 Deidre Morgan
03/03 Keisha Patrick
03/03 Thomas Lawrence
03/04 Sequoia Bilal
03/04 Nicole B. Spears
03/04 Markeisha Battles
03/05 Gloria Benton
03/05 Maxine Salter
03/05 Joe Newton
03/05 Labria Ware
03/05 Janice Howard
03/06 Dimetric Q. Williams
03/06 Danny James
03/06 John Gilbert
03/06 Johntae Gwyn
03/07 Willie Peak
03/07 Victoria Giles
03/07 James Butler
03/08 Donald Baker
03/08 Melody Jones
03/09 Clara Clark
03/09 Gregory Ervin
03/09 Rafael Lowe
03/09 Willie Williams, Jr.
03/10 Barbara Smith
03/10 Giovonte Powell, Jr.
03/11 Cynthia Millhouse
03/11 Shanikka Wynn
03/12 Henrietta Johnson
03/12 Lori Sisler
03/12 Erica Burnett
03/12 Andrew Harris
03/12 Tameka McMurray
03/12 Londyn Clinton
03/12 Kristy DeSence

03/13 Belinda Gonzalez
03/13 Ruby Dee Coleman
03/13 Ashia Holmes
03/14 Helen Evans
03/14 Savitre Gerratisomton
03/14 Willie Searcy
03/14 Phillip Haywood, Jr.
03/15 Mable Thomas
03/15 Andre Sermon
03/15 Jonetha Williams
03/16 Danny James
03/17 Frank Wells
03/18 D'aye Alexander
03/18 Trinesha Davis
03/18 Angela Kilpatrick
03/18 Latroy Killens
03/19 Angelina Williams
03/20 Caira Jenkins
03/21 DeShawn Blue
03/21 Cojuana Mitchell
03/21 Samara Cooper
03/21 Ryan Smalls
03/22 Julian Hill
03/22 Kortney Snead
03/22 Alicia G. Miller
03/23 Melodee Lee
03/24 Cynthia Crumb
03/24 Latwanda Brown
03/24 Malory Williams
03/24 Michael Wilson
03/24 LaWanta S. Porter
03/24 Moneii Bryant
03/25 Dozier Harrell III
03/26 Rodney Davis
03/26 Dwight Eva
03/26 James Weldon

March Birthstone

•Aquamarine•



A symbol of honesty, loyalty, and beauty. The **aquamarine** is supposed to offer protection from evil and is also said to bring love and affection back into a failing relationship.

03/28 Dr. Carol Sims-Robertson
03/29 Daylynn Rembert
03/29 Damoni Watson
03/30 Zicari Gibbons
03/31 Willie Smith



March Born

You are generous and always positive if you are born in March. You can make anyone laugh with your funny humor. Your caring nature makes you a gem of a person. You can be secretive about things and you do not share your life secrets easily with others. You are hardworking and honest. You are imaginative with new things in life.





Vincent Shaw, Dontae and Quindon Nolton,
Joeline Eason and all other Family Members
on the loss of our Beloved Sister in Christ:

Rev. Constance Shaw



SICK AND SHUT IN



Lord
I give you my
HEART

- | | |
|---------------------------------|------------------------------------|
| Sister Barbara Keys | 219 Pompano Drive SE, Unit D |
| Brother Bobby Jackson | 2350 9th Avenue South, Apt. 310 |
| Brother Herbert/Sister Kay Keys | 3201 Burlington Avenue North, #405 |
| Sister Daisy Powell | 2350 9th Avenue South, Apt. 102 |
| Sister Hattie Relford | 4610 9th Avenue South |
| Sister Edna Stevens | 2400 23rd Street South |
| Sister Jasmine Walker | 1955 29th Street South |
| Rev. Ira Whitson | 1660 31st Street South |
| Sister Annie Wright | 1834 21st Street South |

Nursing Homes and Rehabilitation Centers

- | | |
|-------------------------------|--|
| Ms. Valerie Griffin | Laurellwood Care Center, 3127 57 th Avenue North, #10 |
| Mr. Eugene "Geno" Harrell | Angel Care Rehab Center, 4300 31st Street South, Room 22 |
| Brother Quentin Keys | Abbey Rehabilitation, 7101 Dr. Martin Lu- |
| <i>ther King N., Room 202</i> | |

Ms. Stephanie Cummings



HEALTH & WELLNESS



March Awareness

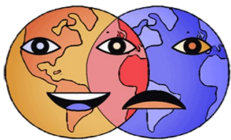
There are over 100 Awareness in March. Here are some of the noteworthy:



National Kidney Month: one in three Americans is at risk for developing kidney disease, and high blood pressure and diabetes are the two leading causes. During National Kidney Month, the National Kidney Foundation (NKF) urges Americans to learn more about their kidneys and take steps to preserve their kidney health.

Join us on **March 9, 2025** after Worship for an extended health moment on **Kidney Health** with **Mrs. Janice Starling**.

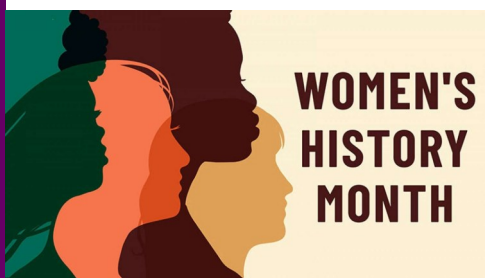
National Colorectal Cancer Awareness Month: raises awareness about colorectal cancer, a growth of cells that forms in the lower end of the digestive tract. Most of these cancers start as noncancerous growths called polyps. Removing polyps can prevent cancer, so healthcare providers recommend screenings for those at high risk or over the age of 45.



WORLD
BIPOLAR DAY

The World Bipolar Day takes place of March 30th of every year. Bipolar disorder is associated with episodes of mood swings ranging from depressive lows to manic highs. This event aims to raise awareness of bipolar disorder and decrease its stigma, which impacts about 2.8% of the adult population in the United States.

Developmental Disabilities Awareness: dedicate time to increasing awareness and understanding of people with developmental disabilities, which can affect physical, emotional, and cognitive development. Promote inclusion and acceptance of the rights of those living with disabilities.



WOMEN'S
HISTORY
MONTH

Women's History Month: celebrate the contributions and achievements of women throughout history globally. March is a time to promote gender equality and learn about women's worldwide challenges.

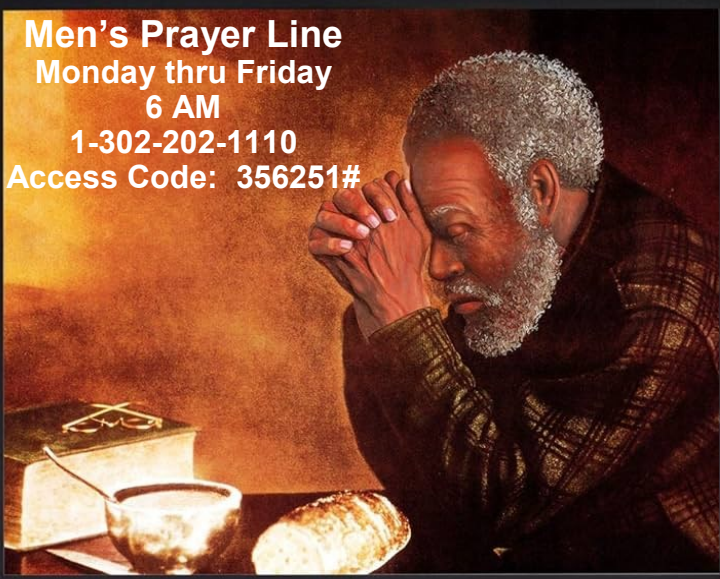
References: Websites

The Health and Wellness Ministry
Dr. Donna Pringle

WE Pray

A COLLECTION OF PRAYER RESOURCES FOR
INDIVIDUALS AND FAMILIES

Men's Prayer Line
Monday thru Friday
6 AM
1-302-202-1110
Access Code: 356251#



*"Rejoice always, pray continually,
give thanks in all circumstances; for this is
God's will for you in Christ Jesus. "*
1 Thessalonians 5:16-18 (NIV)

Women's Prayer Line
Monday - Wednesday - Friday at 7:00 AM
Number: 540-792-0189
Access Code: 375083#



BIBLE DISCOVERY

Every Sunday - 8:30 - 9:30 am

Senior Women's Class - Rhonda Ryan
Number: **1-978-990-5076**
Access Code: **7777943#**

Progressive Women's Class
Monique Brown and Rosalind Macon
Number: **540-792-0189**
Access Code: **375083#**

Men's Class
Brother Al Turner
Number: **302-202-1110**
Access Code: **356251#**

Youth Class – Rev. Dr. Sherrisse Bryant
Streaming at: **greatermtzioname.org**

Please Join Us!



*In
His
Footsteps...*

Mid-Day Bible Study
Every Thursday, 11:30 AM - 1:00 PM

Please join my meeting from your
Computer, Tablet, or Smartphone.

Join Zoom Meeting
<https://us06web.zoom.us/j/5557697236?pwd=ODN0aWxGazRxeXgzTkhXajBURUJhQT09>

Meeting ID: 555 769 7236
Passcode: BibleStudy

Dial by your location (Telephone Users)
1-305-224-1968
Meeting ID: 555 769 7236
Passcode: 6589133215

CHURCH NEWS

Trustees on Duty for the Month of March

Joshua Gilbert
Frederick Robinson

Please make contact with any member of the Board of Trustees if you need information about building use, activities on the grounds, or any other concerns.

If you need further direction or have questions or concerns, please call me, Fred Robinson, Vice-Chair of the Trustee Board. My phone number is listed on Page 15. Thank you,
Mr. Frederick Robinson



Rehearsals

Musicians

Every Monday, 6:30 pm

Choir / Male Chorus

Every Tuesday, 6:30 pm

Youth

2nd, 3rd, 4th Sundays
Immediately after Worship

Please join us to sing
unto the Lord!

Thank you,
Dawn Bannister

Save the Date...

Steward Board

Wednesday,
March 12, 2025

Trustee Board Meeting

Wednesday,
March 19, 2025
8 PM

These meeting will be by Zoom. Officers are asked to be in attendance. Zoom information will be provided .

Thank you.
Rev. Clarence A. Williams

March Meetings

Jessie Kicklighter Well Lay Organization
Tuesday, March 11, 2025—6:30 pm

O.L. Nicks Women's Missionary Society
Thursday, March 13, 2025 - 6:30 pm

Class Leaders
Tuesday, March 18, 2025—6:30 pm

Christan Education Department
Thursday, March 20, 2025—6:30 pm

Thank you

Bible Discovery



- 03/01 Do Justice, Love Kindness, Walk Humbly
Micah 6:1-8
- 03/02 Treasured Possession
Exodus 19:1-14
- 03/03 Idolatry Confronted
Ezekiel 14:1-11
- 03/04 Desire for God's Presence
Psalm 26
- 03/05 God's Glory Fills the Temple
Ezekiel 43:1-12
- 03/06 Who May Draw Near?
Ezekiel 44:15-27
- 03/07 The Temple of Christ's Body
John 2:12-22
- 03/08 Worship God in Spirit and Truth
John 4:13-26
- 03/09 Prepare a Sacred Space
Exodus 25:1-9; 26:1, 31-37
- 03/10 A Compassionate High Priest
Hebrews 5
- 03/11 A Chosen High Priest
Leviticus 8:1-13
- 03/12 A Cleansed High Priest
Leviticus 8:14-23
- 03/13 A Chaste High Priest
Psalm 133
- 03/14 A Commendable High Priest
Hebrews 7:1-14
- 03/15 A Continuous High Priest
Hebrews 7:15-28
- 03/16 A Consecrated High Priest
Exodus 29:1-9, 35-37
- 03/17 Building a Spiritual House
1 Peter 2:1-5
- 03/18 Prayer like Incense
Psalm 141
- 03/19 The Fragrance of Knowing Christ
2 Corinthians 2:12-17
- 03/20 God's Delight
Zephaniah 3:14-20
- 03/21 A Holy and Acceptable Sacrifice
Romans 12:1-8
- 03/22 Worship Through Loving Genuinely
Romans 12:9-21
- 03/23 An Acceptable Offering
Leviticus 1:3-17
- 03/24 Delighting to Do God's Will
Psalm 40:1-8
- 03/25 Safe in God's Love and Faithfulness
Psalm 40:9-17
- 03/26 A Preferred Sanctuary
Hebrews 9:1-14
- 03/27 Christ's Perfect Sacrifice
Hebrews 9:15-22
- 03/28 Vertical and Horizontal Reconciliation
2 Corinthians 5:12-21
- 03/29 Approach God in Awe
Leviticus 16:1-10
- 03/30 Cleanse the Sanctuary
Leviticus 16:11-19
- 03/31 Enter God's Courts with an Offering
Psalm 96
- 04/01 Christ's Suffering and Exaltation
1 Peter 3:18-22
- 04/02 Suffering Servant
Isaiah 52:13-53:3
- 04/03 Light out of Anguish
Isaiah 53:4-12
- 04/04 A Ransom for Many
Mark 10:41-45
- 04/05 Christ in Heaven on Our Behalf
Hebrews 9:23-10:4
- 04/06 Confidence in God's Presence
Hebrews 10:11-14, 19-25

Thank God

FOR WHAT YOU HAVE



Trust God

FOR WHAT YOU NEED

GAME! TIME!



Spring Word Search



- BLOSSOM
- BLOOM
- FLOWERS
- RAIN
- SHOWERS
- EASTER
- SPRING BREAK
- GRASS
- HATCH
- BIRDS
- SUNSHINE
- SEASON
- MARCH
- APRIL
- MAY

N L M O R D Y S M B M O O L B
 N I A R M E L E S E E A W O G
 U O Y E L O S E A S O N M S S
 L M L I O D N E K L A Y R P H
 H C T A H I N G Q L D B R K U
 U T P E H O O D I O O I F C L
 Y T I S R E T R M D N T R E U
 V W N A O E P J T G N E D X V
 E U G R N A D M B R A Y A T E
 S L M E U B G R T A S O U P A
 R E F G L C E B T S I R G A S
 B A L Y B A E N O S R E H R T
 Y A O I K D O O H R E H O H E
 U Y W E M S H O W E R S E D R
 C H E F A M C L Y O G D R E S
 X L R O V Z R C O J B R I N O
 F I S E A R A K S L E I O E L
 B L O S S O M C B J W B M O B

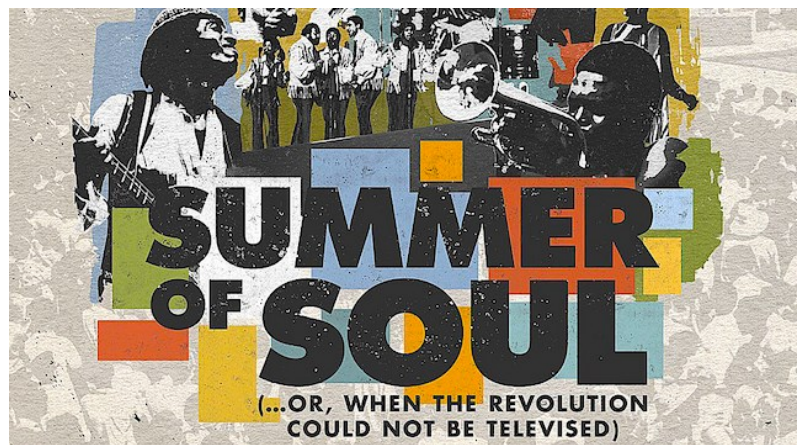
MOMENTS THAT MATTER

OUR BLACK HISTORY

Trivia Questions

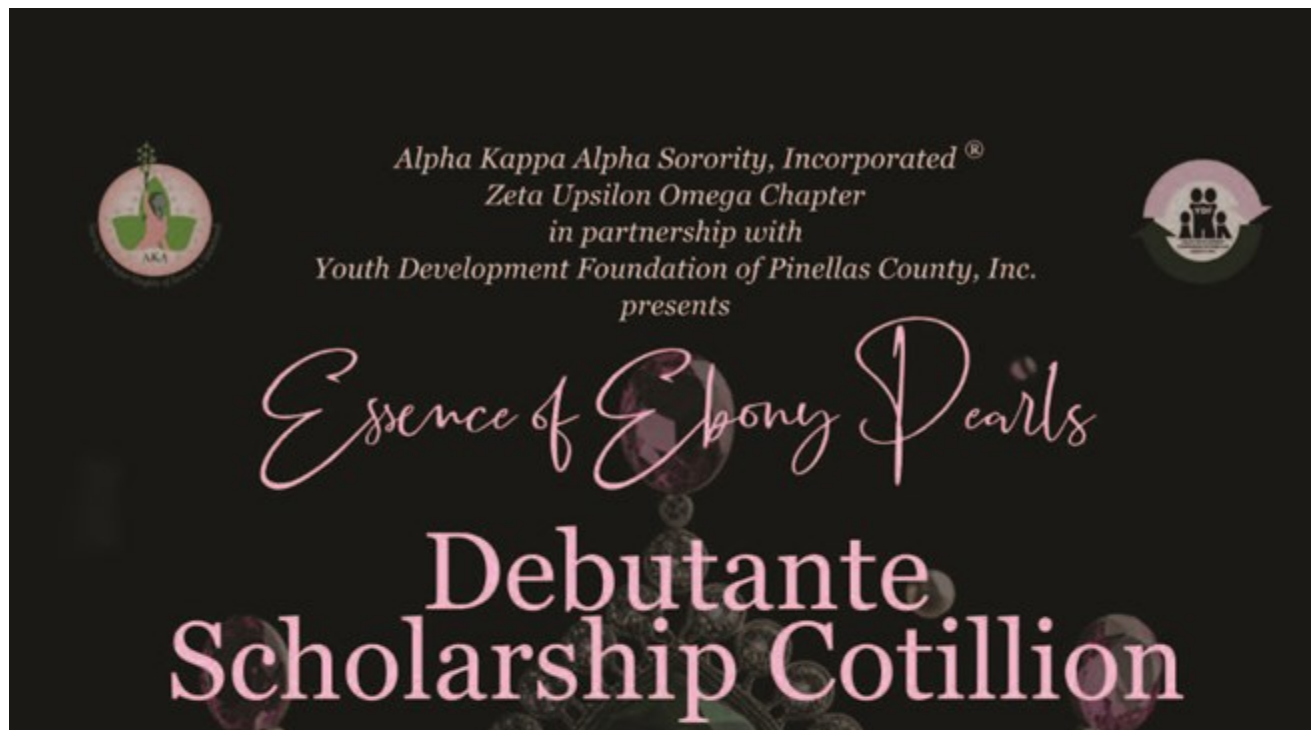
Black History Trivia Answers

1. No taking a knee, raised fists, or other political gestures, no Black Lives Matter apparel
 2. Oscar Dunn
 3. U.S. Ambassador to the United Nations
 4. Doug Williams, Eddie Robinson
 5. Hurricane Katrina
 6. Baltimore Ravens
 7. Wynton, Ellis, Branford, Jason, Delfeayo
 8. African American farmers and
 9. other farmers of color
 10. The year that has been stated when enslaved Africans were first brought to North America
 11. Critical Race Theory
1. In what year did Nelson Mandela become President of South Africa?
 2. Name the two African Americans who served as U.S. Senators from Mississippi during Reconstruction.
 3. Whose famous quote is "Up you mighty race, you can accomplish what you will?"
 4. The leader of what country declared the year 2019 was the Year of Return, and what was the significance of that declaration?
 5. Who founded the Black Classic Press, and who is his famous son?
 6. What coach visited an mentored Michael Vick during his incarceration?
 7. Who was the first Prime Minister, and later the first President of Ghana?
 8. Leah Penniman is an outstanding farmer, teacher, organizer, and author. What is the name of her book?
 9. Eric Holder held what position during the Obama administration?
 10. Amir Thompson won an Oscar for directing the musical documentary "Summer of Soul." He also leads the band on the Jimmy Fallon Show. By what other name is Amir Thompson known?





Children & Youth Ministry



Our Three Members to be presented:

**Jaelyn Hicks
Marley Poole
Kortney Snead**

Congratulations Ladies!



Small Money Habits to Pick Up in 2025

Gearing up to change your money habits for the year ahead? You're in good company. Many women use the new year as a marker to take control of their finances. But when you're swapping out old money habits for new ones, how do you know that they're the right ones?

One reason might be that we're thinking too big. January 1 isn't always the best date for a financial overhaul. In fact, there's supporting the idea that the key to achieving big goals is breaking them down into bit-sized tasks. When we practice small money habits, we notice, which can be truly transformational. Why? Because they produce visible results. No more questioning our money habits. Now we have proof that they're visible results. No more questioning our money habits. Now we have proof that they're working for us.

This new year, pick up one or two (or more) of these low-lift money habits and watch your financial grow.

Good Money Habits to Automate

- ♦ **Pay Yourself First** - we'll start with our most important budgeting tip. Automating payments to Future You means you're consistently making progress towards your goals. Set up a direct deposit straight from your paycheck or from your checking account into your emergency fund, retirement account, and other investment accounts.
- ♦ **Set Up Recurring Payments** - shooting awake in bed over a missed payment deadline is a financial stress no one should experience nowadays. Not when it's so easy to set up recurring bill payments. Plus, some billers (like insurance companies or student loan servicers) offer discounts if you set up autopay. In addition to automating all of your monthly bills, don't forget to set aside recurring deposits into a future non-monthly expenses (vet bills, oil changes, that sort of thing). If you're living paycheck to paycheck, be cautious to avoid accidental overdrafts.

Good Money Habits to Practice Daily

- ♦ **Check Account Balances**—we know your account activity can be hard to look at, especially if it's a new money habit. But you know what's even harder to look at? Overdraft fees. Surprise charges, Extreme balances. Add checking your account activity to your morning routine—maybe right after you check your email? Even if you know you have enough to pay your bills or cover that charge, checking your balances in the morning can help you review yesterday's spending and reset your money mindset for the day ahead.
- ♦ **Organize Receipts as You Go**—make year-end tax planning easier by filing away relevant receipts (deductions, FSA reimbursement, etc.) as you receive them on any given day. It's a hack that might help you avoid this clerical task slipping through the cracks and creating clutter. For physical receipts, choose one container for them all and keep it in an easy-to-access place. If you deal with a lot of receipts, consider using a new envelope or folder for each month. For digital receipts, set up inbox rules so that incoming receipts automatically skip the inbox and get sorted into a certain folder or label.

Come back next month for more Good Tips.

-by Ellevest Team, January 13, 2025

Important



Phone Numbers

WE'RE
HERE
FOR YOU

Contact Information

Jimmy Pritchett Steward Board Pro-Tem	727-366-7763
Frederick Robinson, Trustee Board Vice Chairman	727-563-6054
Rev. Keturah Pittman, Assistant Pastor	727-215-0407
Rev. Ira Whitson, Clergy	727-768-6178
Rev. Dr. Sherrisse Bryant, Youth Minister	727-608-7695
Dr. Donna Pringle, Health & Wellness	727-215-1512
Valarie Lee, Health and Wellness	727-851-5339
Anna Herring, Social Action	727-258-4769
Elouise Brown, Evangelism Ministry	727-906-7191
Patricia Needom, Class Leaders	727-896-1085
Malory Williams, Male Chorus	727-687-6384
Shirley Kicklighter Morgan, Lay President	727-815-6563
Valarie Lee, O. L. Nicks WMS President	727-851-5339
A'Rielle Snead YPD Director	727-220-6491
Donna Butler, Kitchen Manager	727-599-4215
Dozier Harrell, Janitorial	727-656-0302
, Sons of Allen President	727-
Church Clerk and	727-
Superintendent Bible Discovery Church School	
Bessie Kirnes, Administrative Assistant	727-433-2533
and Director, Board of Christian Education	

our ETTA Youths

Excelling Through Talents and Academics



Please highlight your Youth accomplishments and achievements here.



FAMILY

Being loved no matter what...

Greater Mt. Zion A.M.E. Church

1045 16th Street South
 St. Petersburg, FL 33705
 Phone: 727-894-1393
 Fax: 727-827-4707
 Website: greatermtzioname.org

Office Hours:

Helen Evans - MWF - 9 AM - 1:00 PM
 Verna Thompson TTHF - 9 AM - 1:00 PM

Cross and Anvil Human Services, Inc.

1207 7th Avenue South
 St. Petersburg, FL 33705
 Phone: 727-821-0284
 Fax: 727-821-0004
 Office Hours: 10 AM - 2 PM
 Monday - Friday

From the Office Staff:

This is a new world that we are in right now, one in which we must come together as one. For this Lenten Season approaching lets give up bickering, back biting, anything that is not of God.

We cannot embrace satan's weapons and expect a Godly outcome.

Let's pick up more time with God, more Love and more Kindness.

God Bless, always!



SPRING FORWARD Change Your Clocks

Sunday, March 9, 2025
 at 2:00 am